

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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SVP contact number: 07955203405 Linda Swinbourne President

TWENTY-FIRST SUNDAY IN ORDINARY TIME (B).

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

COVID 19 REGULATIONS STEP 4: The revised guidelines are being implemented in the parish. Please note that face masks remain mandatory in the church.

OFFERTORY COLLECTION / DONATIONS: Offerings can be placed in one of the orange buckets or at the Sunday collection, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-Sea, Sort**

Code 401322, Account Number: 41020463. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:

Electronic Offerings £665.00 of which £510.00 was gift aided.

Collection Offerings £441.75 of which £165.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

JOHN 6:60-69

In today's Gospel, Jesus was speaking to His disciples in the synagogue in Capernaum. He was speaking to people who had seen His miracles and wished to know more about Jesus. Jesus told them: "He who eats my flesh and drinks my blood lives in me, and I live in him". He continued: "This bread comes down from heaven, not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live forever".

Their reaction is recorded in the Gospel reading. They said: "This is intolerable language. How could anyone accept it"? Jesus responded: "Does this upset you"? "What if you should see the Son of Man ascend to where He was before"? Jesus continued: "It is the spirit that gives life; the flesh has nothing to offer. The words I have spoken to you are spirit and they are life". Jesus concluded: "But there are some of you who do not believe".

Jesus challenges us today to believe in Him. Do we believe that the bread and wine during the Mass are transformed into the body and blood of Our Lord Jesus Christ? Do we believe that when we eat the host and drink from the chalice, we are consuming the flesh and blood of Our Lord Jesus Christ? Do we believe that Jesus is present truly, really, and substantially in the Holy Eucharist? Do we believe that through the reception of Jesus Christ in the Holy Eucharist we will receive the gift of eternal life?

If we do believe; this belief is a gift of the Holy Spirit. Our Faith is a gift of the Holy Spirit. As Jesus tells us in today's gospel: "The words I have spoken to you are spirit and they are life". He continues: "This is why I told you that not one could come to me unless the Father allows him".

Many of His disciples left Jesus at this point. Jesus turned to the Twelve and asked them: "What about you, do you want to go away too"? Through the gift and action of the Holy Spirit, Peter responded: "Lord, who shall we go to? You are the message of eternal life, and we believe; we know that you are the Holy One of God".

The first announcement of the Eucharist divided the disciples. The crucifixion of Christ was to scandalize them. The Eucharist and the Cross are stumbling blocks for those without faith. Jesus words are spoken to us today: "Will you also go away"? Through the action of the Holy Spirit, we are invited to receive 'the words of eternal life'. To receive the Eucharist in faith is to receive the gift of Our Lord Himself.

OUR LADY OF LIGHT SVP CONFERENCE: Hello my name is Linda Swinbourne, I am the President of our St Vincent de Paul Conference. I would like to update the Parish on our current membership situation. Due to the long-standing nature of our members and their age, several members have decided to step-down from the Conference. This has left us very short of people. I am, therefore, appealing to the younger members of our parish community to come and chat with us and see how they could possibly help with our situation. The number of people needing help is growing in numbers. I am hoping that younger and more dynamic members will bring an injection of enthusiasm. I would like to start a weekly morning coffee club and other social activities. Please get in touch with your ideas. Please use the contact details at the top of the newsletter for further information. Linda.

EXPLORING THE ENCYCLICAL *Laudato Si*: A study day with Fr Ashley Beck. Saturday 4th September 11.00 to 12.30. See www.whatgoodnews.org

FUNERAL: The funeral of Brian Healy Dec'd is taking place on Tuesday 24th August. Please pray for the repose of his soul and for the support of his grieving family.

THIS WEEK'S SERVICES.

Saturday 21 st August. Memorial of St Pius X, P.	9.30 am.	MASS: Rosie Foster RIP Cooper Family.
Saturday 21 st August.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 21 st August.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 21 st August.	12.00 pm.	THE HOLY ROSARY
Saturday 21 st August.	6.00 pm.	MASS: Vincent O'Toole RIP Veronica Chambers.
Sunday 22 nd August.	8.30 am.	MASS: Tony Tighe RIP Hanna.
Sunday 22 nd August.	10.30 am. FAMILY MASS This Mass is for families with young children.	MASS: Fr David Middleton OSA Intentions Theresa Poole.

Monday 23 rd August.	9.30 am.	MASS: Tommy Holloy RIP Hanna.
Tuesday 24 th August. Feast of St Bartholomew, Ap.	9.30 am.	MASS: Tommy Lynch RIP Caroline Pratt & Family.
Tuesday 24 th August	12.45 pm.	FUNERAL: Brian Healy Dec'd.
Friday 28 th August. Memorial of St Monica.	9.30 am.	MASS: Kathleen Roberts Birthday Pat & Sandra.
Saturday 29 th August. Memorial of St Augustine, Bp.D	9.30 am.	MASS: Sr B Creeman RIP Jacqueline & Timothy.
Saturday 29 th August.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 29 th August.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 29 th August.	12.00 pm.	THE HOLY ROSARY
Saturday 29 th August.	6.00 pm.	MASS: Duval & Kathy Morrison Intentions Deirdre.
Sunday 30 th August. Vigil of Twenty-Second Sunday in Ordinary Time (B)	8.30 am.	MASS: Helen Hartford RIP Jacqueline & Timothy.
Sunday 30 th August. Twenty-Second Sunday in Ordinary Time (B)	10.30 am. FAMILY MASS This Mass is for families with young children.	MASS: Steven McNeill RIP Chris Sousa.