

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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THE BODY AND BLOOD OF CHRIST (B)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

COVID 19 REGULATIONS: Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Face Masks are mandatory. Attendance at Mass is restricted to 50 people. People who can attend Mass during the week should allow others to attend at the weekend.

OFFERTORY COLLECTION / DONATIONS: Offerings can be placed in one of the orange buckets, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of

risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463.** Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:

Electronic Offerings £398.00 of which £305.00 was gift aided.

Collection Offerings £357.16 of which £125.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the parish. Fr Patrick.

MARK 14:12-16, 22-26

Today we celebrate the Solemnity of the Body and Blood of Christ or Corpus Christi. We celebrate the Holy Eucharist: The Body and Blood of Our Lord Jesus Christ made present in the Holy Mass and reserved in our church tabernacle. Vatican II declared that the Eucharist is "the source and summit of the Christian life".

In the Gospel from Mark, Jesus instructed His disciples to make the necessary preparations to celebrate the Feast of Passover. On the eve of Passover, the Paschal Lamb was slaughtered in the Temple. The blood of the lamb was collected in gold or silver cups and sprinkled on the altar. The Jewish people celebrate the Feast of Passover in celebration of their release from slavery and death in Egypt. Jesus is the new Paschal Lamb, who was sacrificed on the Cross at Calvary. His blood was sprinkled on the earth for the forgiveness of sins and the release from death for all humanity. At the Passover meal, Jesus 'took some bread, and when He had said the blessing, He broke it and gave it to them. "Take it", He said "this is my body". Then He took a cup, and when He had returned thanks He gave it to them, and all drank from it, and He said to them, "This is my blood, the blood of the covenant, which is to be poured out for many".

The actions and words of Jesus expressed at this Passover meal, communicate the establishment of the New Covenant. The New Covenant is the sacrifice of Himself through the offering of His body and blood in anticipation of His passion and death. At the Holy Mass, during the Eucharistic Prayer, the Passion of Our Lord Jesus Christ is made present. The sacrifice of Our Lord Jesus Christ is not repeated but made present to us. All the barriers of time and space are lifted during the Mass. The Council of Trent states: 'under the consecrated form of bread and wine Christ Himself, living and glorious, is present in a true, real and substantial manner: His body and Blood with His soul and His divinity. The sacrifice of Christ on the Cross and the sacrifice of the Eucharist are one single sacrifice. The Mass makes present the sacrifice of the Cross. Saint Pope John Paul II said that the Eucharist, as Christ's saving presence in the community of the faithful and its spiritual food, is the most precious possession which the Church can have in her journey through history. The Church draws her life from the Eucharist and is born of the Paschal Mystery.

We can say not only that each of us receives Christ in Holy Communion, but also that Christ receives each of us. He feeds and nourishes us in Holy Communion. Each time we receive Holy Communion, we are changed by Christ. We are drawn nearer to Christ and enter a deeper friendship with Him. Christ incrementally transforms us into the people that God wishes us to be in this life and for all eternity. Saint Pope John Paul II also said that ‘those who feed on Christ in the Eucharist need not wait until the hereafter to receive eternal life: they already possess it on earth, as the first-fruits of heaven’. Therefore, it is so important to come to Mass in person.

SECOND COLLECTION: There will be a second collection for the Sick Clergy of the Diocese at all Masses. You can put the money in one of the black buckets, pay on the Donation Button on the website, or pay directly on-line quoting ‘sick clergy’.

DISABILITY ABORTION UP TO BIRTH NI: Please support the community in Northern Ireland by visiting www.righttolife.org.uk/NlIdisabilityConsultation to record your comments.

THE FOLLOWING MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH.

Saturday 5 th June. Memorial of St Boniface, Bp.	9.30 am.	MASS: Mary Hawkins RIP Tim.
Saturday 5 th June.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 5 th June.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 5 th June. Vigil of The Solemnity of The Body and Blood of Christ. (B)	6.00 pm.	MASS: Michael & Valerie France Intentions. Catherine.
Sunday 6 th June. The Solemnity of The Body and Blood of Christ. (B)	8.30 am.	MASS: Tina Killen RIP Laura & Peter.
Sunday 6 th June.	10.30 am. FAMILY MASS Please note that this Mass is exclusively for	MASS: Annie Monteiro RIP Tara.

	families with young children.	
Monday 7 th June	9.30 am.	MASS: Brian Madge Intentions Brian
Monday 7 th June	1.45 pm. Attendance by invitation only.	FUNERAL: Jack Danaher Dec'd
Tuesday 8 th June	9.30 am.	MASS: Kathleen Roberts Intentions Sandra & Pat
Wednesday 9 th June	9.30 am.	MASS: Mary Pearce Intentions Lindsey.
Wednesday 9 th June	10.30 am. Attendance by invitation only.	FUNERAL: Margaret Champion Dec'd.
Saturday 12 th June. The memorial of The Immaculate Heart of Mary.	9.30 am.	MASS: Kristina, Jason & Baby Joseph Intentions. Kristina & Janson.
Saturday 12 th June.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 12 th June.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 12 th June. Vigil of the Eleventh Sunday in Ordinary Time. (B)	6.00 pm.	MASS: Alice Redmond RIP Mary & John Murray.
Sunday 13 th June. The Eleventh Sunday in Ordinary Time. (B)	8.30 am.	MASS: Catherine & David Hammond, Thomas, Daniel & David Bewers. Parish.
Sunday 13 th June.	10.30 am. FAMILY MASS.	MASS: Julia Clark & Family Parish.