

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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THE MOST HOLY TRINITY (B)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

COVID 19 REGULATIONS: The Church is open for the celebration of Mass and Private Prayer. Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Face Masks are mandatory. Attendance at Mass is restricted to 50 people. People who can attend Mass during the week should allow others to attend at the weekend.

OFFERTORY COLLECTION / DONATIONS: Offerings can be placed in one of the orange buckets, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of

risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463.** Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:

Electronic Offerings £411.00 of which £140.00 was gift aided.

Collection Offerings £399.85 of which £180.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the parish. Fr Patrick.

JOHN 28:16-20

Today we celebrate the Solemnity of the Holy Trinity – we celebrate the “Feast of God”: God the Father, God the Son and God the Holy Spirit.

In the Gospel from Matthew, Jesus commands the apostles to ‘Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time’.

In Baptism, we are born into new life and become adopted sons and daughters of the Father; we become members of the body of Christ; temples of the Holy Spirit and, therefore, enter into the very life of the Most Holy Trinity. We are made in the image of God and are destined to spend our eternal future in the very life of God – the Holy Trinity.

God is a being of total and absolute love – a love that we cannot possibly even contemplate in this life and will only fully experience in the next life. The Holy Trinity is one God and in this one God there are three Divine Persons, God the Father, God the Son and God the Holy Spirit in a relationship of total love. God is love. The Holy Trinity is the source of all love that we experience both in this life and the next.

The whole Christian life is a communion with each of the divine persons, without in any way separating them. Everyone who glorifies the Father does so through the Son in the Holy Spirit; everyone who follows Christ does so because the Father draws them, and the Spirit moves them. We are all called to be consumed by God’s love and to enter into the life of the Blessed Trinity. This is the state that we call heaven. In the words of St Athanasius, ‘Jesus Christ became man in order that we may become God’.

CATHOLIC BIBLICAL ASSOCIATION: On Saturday 12th June at 11.00 am Fr Jeremy Corley, lecturer in Sacred Scripture at St Patrick’s College, Maynooth, will speak on ‘Afterlife Hope before the New Testament’ – go to www.whatgoodnews.org

SAFEGUARD TRAINING: Free to all members of the Catholic Community. Email johannapeluso@dioceseofbrentwood.org for sign on details.

VOTIVE CANDLES: You may now light a votive candle in the church subject to the following:

1. Inform a Church Steward that you wish to light a candle.
2. Only one person to be at a votive candle stand.
3. Strict adherence to the one-way system in the church.

Our insurance cover prohibits votive candles being left alight in an empty church. Votive candles should, therefore, be lit before the beginning of Mass or during the 2-hour period of private prayer on Saturdays.

THE FOLLOWING MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH.

Saturday 29 th May.	9.30 am.	MASS: Jack & Justyna Knonikowska Intentions Parish.
Saturday 29 th May.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 29 th May	12.00 am.	HOLY ROSARY For the ending of the COVID 19 Pandemic.
Saturday 29 th May.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 29 th May. Vigil of The Solemnity of The Most Blessed Trinity (B)	6.00 pm.	MASS: Mary & Joe Powell Intentions Mary Powell.
Sunday 30 th May. The Solemnity of The Most Blessed Trinity (B)	8.30 am.	MASS: Elizabeth & Ian Lloyd Golden Wedding Catherine.
Sunday 30 th May	10.30 am. FAMILY MASS Please note that this Mass is exclusively for families with young children.	MASS: Jill Harrison RIP Harry Killen.

Monday 31 st May Diocesan Feast of the Dedication of the Brentwood Cathedral of St Mary & St Helen.	9.30 am.	MASS: Fr Jim McCormack RIP D Lane.
Monday 31 st May.	10.00 am.	HOLY ROSARY For the ending of the COVID 19 Pandemic
Thursday 3 rd June. Memorial of St Charles Lwanga & Comps, Mm.	9.30 am.	MASS: Johanna Cox RIP D Lane.
Friday 4 th June.	9.30 am.	MASS: Peter Gamble RIP D Lane.
Saturday 5 th June. Memorial of St Boniface, Bp, M.	9.30 am.	MASS: Mary Hawkins RIP Tim.
Saturday 5 th June.	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 5 th June.	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 5 th June. Vigil of The Solemnity of The Body and Blood of Christ. (B)	6.00 pm.	MASS: Michael & Valerie France Intentions. Catherine.
Sunday 6 th June. The Solemnity of The Body and Blood of Christ. (B)	8.30 am.	MASS: Tina Killen RIP Laura & Peter.
Sunday 6 th June.	10.30 am. FAMILY MASS Please note that this Mass is exclusively for families with young children.	MASS: Annie Monteiro RIP Tara.