

**Our Lady of Light & Saint Osyth**  
***National Shrine of Our Lady of Light, Spouse of the Holy Spirit***

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**THIRTIETH SUNDAY IN ORDINARY TIME (A)**

*World Mission Sunday*

*Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.*



*Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.*

CORONAVIRUS UPDATE: Please review the Parish Website for the latest updates:

<https://ourladyoflight.uk/>

**OFFERTORY COLLECTION / DONATIONS**

Offerings can be placed in one of the orange buckets, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463.** Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:

Offertory Collection £395.02 of which £98.00 was gift aided

Electronic Offerings £200.00 of which £132.00 was gift aided

Second collection for CAFOD: £166.14 of which £43.00 was gift aided

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the parish.  
Fr Patrick

RESUMPTION OF PUBLIC MASS: Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Attendance at Mass is restricted to 50 people. **I would, therefore, ask that those who are able to attend Mass in the week to refrain from attending Mass at the weekends to allow others the opportunity.** Thank you for your understanding and co-operation. Fr Patrick.

WORLD MISSION SUNDAY: There will be a second collection this weekend. You can also give via the donation button on the parish website or by a one-off electronic transfer.

NOVEMBER MONTH OF THE HOLY SOULS: The November Dead List envelopes and sheets are now available at the back of the Church. Please place a list of the names of those deceased family members and friends you wish to be remembered during the month of November.

INDULGENCES: Indulgences are a great gift of grace for the benefit of one-self or for the soul of a deceased loved one. They are the remission before God of temporal punishment due to sins whose guilt has already been forgiven. You can gain a Plenary Indulgence by completing the following:

1. Visit the Church to pray.
2. Receive the Sacrament of Reconciliation
3. Receive the Holy Eucharist
4. Pray the Our Father and Hail Mary for the intentions of Pope Francis.

You can complete all these tasks every Saturday at our Parish Church.

MATTHEW 22:34-40

In the Gospel from Matthew, the Pharisees are trying once again to catch Jesus out in order that they could publicly condemn Him. For the devout Jew all the commandments were to be kept with equal care. If Jesus gave greater significance to one commandment over another, they would be able to incense the people against Him. Jesus goes beyond the extent of the question put to Him and joins the greatest and the first commandment to a second, that of love of neighbour. Jesus tells the Pharisees that the entire law and the preaching of the prophets are derived and sourced from this double commandment.

What does the message of this Gospel mean to us today?

We are to love the Lord Our God with all our hearts, with all our souls and with all our minds. We are to love others as we love ourselves. Have we put God first in our lives? Have we loved and treated others fairly, particularly those who are disadvantaged to us: the poor, the sick, the lonely and the homeless? Our eternal destination relies on the responses to these two questions.

God loved us so much that He sent His Only Son into the world to die on the cross and be the perfect sacrifice for our sins. He sent His Only Son to reconcile the world to Himself. We are

expected to respond to God's love and live a life of love in return. A life based on the love of God and love of others. This is not a sentimental love but a sacrificial love. This love is called *agape*.

At the Holy Mass we celebrate the gift of the love of *agape*. We celebrate the greatest gift of love ever given. We celebrate God's gift of His Only Son to humanity. We celebrate the laying down of the life of His Son on a cross for each one of us. In the Mass, this gift of love is not repeated but is made present in the gift of the Holy Eucharist: The Body and Blood of Our Lord Jesus Christ.

**A REFLECTION ON THE GOSPEL BY LESLEY CONSTABLE.**

*Let me sing to my friend the song of her life, let me sing to her that her body is a temple if, in this moment, it is forgotten and to remember this when she is afraid.*

*Let me sing to my friend that she was born protected to know, to understand that there is a beautiful blue light surrounding her at all times as she walks, as she rests or sleeps as she talks to me and to you, as SHE sings her song to us.*

*Let me sing to my friend and ask for her reverent silence, to be silent and still so as to hear far off the bird singing in the meadow. Let me sing to my friend to whistle in the dark to not forget each day to look up and keep her gaze fixed on the sky.*

*I sing to her of bees and to think of them as they go from flower to flower blessing each one.*

*I sing to her to see far off in the fields the horses with their foals or the spring lambs and remember this new life as it is revealed to her each spring.*

*I sing to her to see in each dying branch of the trees in autumn the bud of new life curled up and sleeping waiting for the renewal of spring.*

*I sing to her to tell her that there IS the dark but also the light.*

*Let me sing to my friend that the sound of her heart beating is the sound of the angel's wings in her ear whispering to her at each breath.*

*I sing to her that she is loved and we can hold each other in this and we can hold with this, hold in this, hold with each other even when apart and when in the dark know we are together and not fear and fear cannot have us.*

*For we are in the embrace of song, the song of our lives.*

**MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH**

Saturday 24 <sup>th</sup> October	9.30 am	MASS: William & Mary Cosgrove Intentions (Veronica Chambers)
Saturday 24 <sup>th</sup> October	11 am to 12.00 noon	SACRAMENT OF RECONCILIATION: In the presbytery garden.
Saturday 24 <sup>th</sup> October	11.00 am to 1.00 pm	Church open for private prayer with Exposition of the Blessed Sacrament.

Saturday 24 <sup>th</sup> October Vigil of the Thirtieth Sunday in Ordinary Time A	6.00 pm	MASS: John & Nell O'Donovan RIP (Tim O'Donovan)
Sunday 25 <sup>th</sup> October Thirtieth Sunday in Ordinary Time A <i>World Mission Sunday</i>	8.30 am	MASS: Rozalia & Mieczylaw Buda RIP (Family)
Sunday 25 <sup>th</sup> October	10.30 am FAMILY MASS	Bernice Cheevers RIP (Elizabeth)
Monday 26 <sup>th</sup> October <i>St Cedd Bp, Secondary Co- Patron of the Diocese</i>	9.30 am.	MASS: Mary's Friends Intentions. (Mary Powell)
Tuesday 27 <sup>th</sup> October	9.30 am.	MASS: Mary Tomlin & Family Intentions (Lindsey Abbarchi)
Friday 30 <sup>th</sup> October	9.30 am.	MASS: Anne & Jim O'Brien RIP (Tim O'Donovan)
Saturday 31 <sup>st</sup> October	9.30 am.	MASS: Deirdre's Deceased Family & Friends (Deirdre)
Saturday 31 <sup>st</sup> October	11.00 am to 12.00 Noon	SACRAMENT OF RECONCILIATION: In the presbytery garden.
Saturday 31 <sup>st</sup> October	11.00 am to 1.00 pm	Church open for private prayer with Exposition of the Blessed Sacrament.
Saturday 31 <sup>st</sup> October	1.30 pm	WEDDING: Maurice Bolger & Donna Bolger.
Saturday 31 <sup>st</sup> October <i>Vigil Mass of All Saints</i>	6.00 pm.	MASS: Douglas Dawson RIP (Veronica Chambers)
Sunday 1 <sup>st</sup> November <i>Solemnity of All Saints.</i>	8.30 am.	MASS: Maureen Avery RIP (Barbara Nunn)
Sunday 1 <sup>st</sup> November	10.30 am FAMILY MASS	MASS: Esther Garrity RIP (Sr Moira)