Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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NINETEENTH SUNDAY IN ORDINARY TIME (A)

Come Holy
Spirit, by
means of the
powerful
intercession
of the
Immaculate
Heart of
Mary, Your
well-beloved
spouse.
Amen.



Our Lady of
Light, Spouse
of the Holy
Spirit, I give
thee my
whole self,
soul and
body, all that I
have or may
have, to keep
for Jesus, that
I may be His
for evermore.
Amen.

CORONAVIRUS UPDATE: Please review the Parish Website for the latest updates: https://ourladyoflight.uk/

OFFERTORY COLLECTION / DONATIONS

Offerings can be placed in one of the orange buckets but I would request, wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Thank you for your support. Fr Patrick.

RESUMPTION OF PUBLIC MASS: Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Attendance at Mass is restricted to 50 people. I would, therefore, ask that those who are able to attend Mass in the week to refrain from attending Mass at the weekends to allow others the opportunity. Thank you for your understanding and co-operation. Fr Patrick.

FUNERALS: The following funeral is taking place next week:

Friday 14th August: Annie Marie Spike Dec'd.

Please pray for the repose of her soul and for the support of her grieving family. Her brother Fr Donald Graham will be presiding at the Service.

BAPTISM COURSE: I will be shortly running a Baptism Course by Zoom. Please introduce yourself at Mass if you wish to attend. It will not be possible to book a Baptism until you have completed the course.

FIRST HOLY COMMUNION PROGRAMME 2020/21: We will be commencing the new programme by Zoom in September. Please introduce yourself and your child to me at Mass if you wish to join the programme.

SATURDAY VIGIL MASS: I wish to restore the Saturday evening Mass from 5.00 pm to 6.00 pm., to allow parishioners working at the weekend the opportunity to attend Sunday Mass. If you have any strong views on this matter, please email me within the next 7 days.

NATIONAL DAY OF FASTING & PRAYER FOR LIFE: You are invited to fast and say a Rosary for the end of abortion and euthanasia by The Good Counsel Network on Friday 14th August.

POLISH SPEAKING VOLUNTEER: Age concern Clacton are seeking a Polish speaker to be friend an elderly house bound man. Contact Maryon Pape 01255 447007.

MATTHEW 14:22-33

In today's Gospel, we have the scene immediately following the feeding of the five thousand. Jesus sent his disciples ahead of Him by boat in order that He may have the opportunity to spend time in silent prayer with His Father. Jesus always spent time in prayer before making significant decisions and before He faced the great events of His ministry. He is a role model for us. If we pray before we make difficult decisions or face challenging events in our lives, we will always know that God is with us.

The boat crossing the sea was battling heavy weather and a headwind. The disciples were in grave danger of being lost at sea. The boat is a symbol of the Church. The Church is constantly under attack from the values of this world and the evil one. Jesus has promised us that He will protect His Church and that 'the gates of the underworld will never hold out against it.' Jesus called out to His disciples. "Courage! It is I. Do not be afraid". 'It is I' are the words said by God to Moses. By using the 'I Am', Jesus is proclaiming His identity of God. Peter called out, "Lord, Save me!" Jesus put out His hand at once and held him. When Jesus called out to Peter, He also calls out to us. He calls us to have courage and not to be afraid. The hand that reached

down to hold Peter and hold him safe in that stormy sea, is also the hand that will hold us and keep us safe during the storms and trials of our daily lives.

Jesus admonished Peter with the words, "Man of little faith, why doubt". Our faith is the most precious gift that we are given in life. It is through faith that we receive our salvation. If our faith is to be strong, we must nourish and feed our faith. We feed our faith in prayer, in acts of love, in reading Holy Scripture, in receiving the Sacraments and most especially, the Sacrament of the Sacraments – the food of faith, the Holy Eucharist: the Body and Blood of Our Lord Jesus Christ. As we receive Holy Communion, let us proclaim with the disciples: 'Truly, you are the Son of God'.

MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH

Saturday 8 th August	9.30 am.	MASS: Peter Freyne
Memorial of St Dominic, Pr		Intentions
		(Tim)
Saturday 8th August	11.00 am to 12.00 noon.	SACRAMENT OF
		RECONCILIATION: In the
		presbytery garden.
Saturday 8 th August	11.00 am to 1.00 pm	Church open for private
		prayer with Exposition of
		the Blessed Sacrament.
Saturday 8 th August	5.00 pm.	MASS: Liz Dearman RIP
Vigil Mass Nineteenth		(Lee Family)
Sunday in Ordinary Time A.		
Sunday 9 th August	8.30 am.	MASS: Peter Diment RIP
Nineteenth Sunday in		John & Mary Murray
Ordinary Time A.		
Sunday 9th August	10.30 am.	MASS: Justyna Konilowska
		Intentions
		(The Parish)
Sunday 9 th August	2.00 pm	Baptism: Elsie & Ruby
		Glover.
Monday 10 th August	9.30 am.	MASS: Hugh Barry
Feast of St Lawrence,		Intentions
Deacon, M.		(Eileen Morley)
Tuesday 11 th August	9.30 am.	MASS: William Rees
Memorial of St Clare, V.		Intentions
		(L Hanna)

Friday 14 th August	9.30 am.	MASS: Florence, Pat &
Memorial of St Maximilian		Frederick Delasalle
Kolbe, Pr, M.		Intentions.
		(Jean Frounhold)
Friday 14 th August	12.00 Noon	FUNERAL: Annie Marie
		Spike
Saturday 15 th August	9.30 am.	MASS: Angela & Anthony
		Cook Intentions.
		(The Parish)
Saturday 15 th August	11.00 am to 12 noon.	SACRAMENT OF
		RECONCILIATION: In the
		presbytery garden.
Saturday 15 th August	11.00 am to 1.00 pm.	Church open for private
		prayer with Exposition of
		the Blessed Sacrament.
Saturday 15 th August	5.00 pm.	MASS: Annie Spike Dec'd
Vigil Mass of the Solemnity		(Jimmy & Christina
of The Assumption of the		Deegan)
Blessed Virgin Mary.		
Sunday 16 th August <i>The</i>	8.30 am.	MASS: Pat & Des McGuire
Solemnity of The Assumption		Intentions.
of the Blessed Virgin Mary.		(Anon)
Sunday 16 th August	10.30 am	MASS: Joseph
		Vincatassion Dec'd.
		(Laura Sainte Marie)

Daily Offering

Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus that I may be His forever more. Our Lady of Light, Spouse of the Holy Spirit, pray for us. Amen