

Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

Parish Priest: Fr Patrick Daly

Parish Priest Email: ClactonCatholicChurch@gmail.com

Steward of the Gospel: Paul Twyford ~ email: paultwyford@btinternet.com

Parish website: www.ourladyoflight.uk ~ Diocesan website:

+www.dioceseofbrentwood.net

1 Church Road, Clacton-on-Sea, CO15 6AG, Tel: 01255 423319, Office email:

clacton@dioceseofbrentwood.org

SVP contact number: 07955203405 Linda Swinbourne President

FOURTEEN SUNDAY IN ORDINARY TIME (A)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

CORONAVIRUS UPDATE: Please review the Parish Website for the latest updates: <https://ourladyoflight.uk/>

OFFERTORY COLLECTION / DONATIONS

Offerings can be made by standing order or electronic payments using the following details: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463** or by debit card using the

donation button on our website. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Thank you for your support. Fr Patrick.

CHURCH OPENING FOR PERSONAL PRAYER: Thank you for those who have generously volunteered to help with stewarding and cleaning. I am delighted to confirm that the Church is now open for personal prayer from 10.00 am to 2.00 pm on Saturday. Please note the following:

- You must wear a face covering
- The maximum number of visitors at one time is 5
- You must follow the instructions of the Parish Stewards
- You must not visit if you are at 'clinical risk' of COVID 19 or have been advised to shield
- You must follow 'social distancing'
- You must sanitise your hands on entering and leaving the Church
- You will be asked to provide your contact details in the event of the need for contact tracing.
- Children are welcome but must be accompanied by an adult
- Access to the hall toilets is not permitted at the present time.

This is an important first step towards normal services. Thank you for your support. Fr Patrick.

THE CELEBRATION OF PUBLIC MASS. I am planning to celebrate the first public Mass on Friday 17th July at 9.30 am. This is subject to the completion of the COVID19 procedures and authorisation from the Diocese. Further details will be provided in next week's newsletter.

THE SACRAMENT OF RECONCILIATION will resume in the presbytery garden on Saturday 18th July from 11.00 am to 12.00 pm. Please remain in your car or wait in the car park until you are called into the garden through the rear gate.

FR PATRICK will return to the parish on Monday 13th July.

MATTHEW 11:25-30

In the Gospel from Matthew, Jesus tells us that His Father in heaven hides the knowledge of God from the learned and clever but reveals them to mere children. The Sadducees, the Pharisees, and the religious elite refused to accept Jesus Christ as the Messiah. They closed their eyes, ears, and minds to His message of the Kingdom of God. This is the kingdom of love, mercy, and joy. The disciples and followers of Jesus were the mere children. They had no education, wealth, or experience of power. In their humility and weakness, they were able to receive and understand the message of the Kingdom of God.

Jesus says, "Come to me, all you who labour and are overburdened, and I will give you rest". He assures us, "Yes, my yoke is easy and my burden light". What is the yoke that Jesus is referring to in this Gospel? The 'yoke' is the total giving of oneself to Jesus. This is to give a sincere and unreserved yes to Jesus in our lives. Jesus does not promise a problem or pain free life. Jesus promises to be with us and to share in our problems and pains. He promises to grant to us the peace of His presence in our hearts, souls, and minds. We are to follow Jesus and place His 'yoke of love' on our shoulders. The yoke allows the oxen to pull great weight with ease. The yoke of love allows us to live our lives with the joy and peace only found in the person of Jesus Christ. Jesus tells us that, He is the way, the truth and the life, and the only way to the Father.

Daily Offering

Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus that I may be His forever more. Our Lady of Light, Spouse of the Holy Spirit, pray for us. Amen