Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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EIGHTEENTH SUNDAY IN ORDINARY TIME (A)

Come Holy
Spirit, by
means of the
powerful
intercession
of the
Immaculate
Heart of
Mary, Your
well-beloved
spouse.
Amen.



Our Lady of
Light, Spouse
of the Holy
Spirit, I give
thee my
whole self,
soul and
body, all that I
have or may
have, to keep
for Jesus, that
I may be His
for evermore.
Amen.

CORONAVIRUS UPDATE: Please review the Parish Website for

the latest updates: https://ourladyoflight.uk/

OFFERTORY COLLECTION / DONATIONS

It is possible to place your offering in one of the orange buckets, but I would request that, wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463. Members of the giftaid scheme should quote their name and gift aid number in the Reference. Thank you for your support. Fr Patrick.

RESUMPTION OF PUBLIC MASS: Please note the following:

- You must wear a face mask or covering
- You must follow the instructions of the Parish Stewards
- You must follow 'social distancing'
- You must sanitise your hands on entering and leaving the Church
- We are required to collect details in the event of the need for contact tracing. The completed forms will be held for 21 days and will then be destroyed
- Please allow plenty of time before the commencement of the service to prevent queuing
- At Holy Communion, you must remain in your pew until asked by a Parish Steward to come forward to receive the Blessed Sacrament
- You must follow the one-way system in the church
- It is not possible to allow access to the Parish Hall Toilets at the present time

 I would ask that those who are able to attend Mass in the week, to refrain from attending Mass at the weekends to allow others the opportunity.

Thank you for your understanding and support. Fr Patrick.

FUNERALS: The following funerals are taking place next week: Monday 3rd August: Joseph Carling Dec'd Wednesday 5th August: Graziella Schafer Dec'd Please pray for the repose of their souls and for the support of their grieving families.

BAPTISM COURSE: I will be shortly running a Baptism Course by Zoom. Please introduce yourself at Mass if you wish to attend. It will not be possible to book a Baptism until you have completed the course.

CHURCH STEWARDS: It would not be possible to open the church or have public Mass, without our Church Stewards. Please express your appreciation to them.

MISSION TODAY: Message from Manual Matthew, our Missio Parish Secretary: the 'Mission Today' magazine is available at the back of the church. Full red boxes may be left with Fr Patrick.

MATTHEW 14:13-21

In today's Gospel from Matthew, Jesus withdrew by boat with His disciples to find a lonely place, following the death of John the Baptist. The people somehow knew where they were going and followed on foot. On stepping ashore, Jesus felt great compassion for the crowd and began healing the sick. When evening came, His disciples wished to send the people away to find food. The people were tired and in need of sustenance. They had a long journey back to their homes by foot. Scriptural scholars suggest that the total crowd could have been as high as 20,000 to 30,000 people.

Jesus commanded His disciples, "There is no need for them to go: give them something to eat yourselves." They replied, "All we have with us is five loaves and two fish."

Jesus ordered the crowd to sit down. He took the five loaves and the fish, raised His eyes to heaven and said the blessing. He broke the loaves and handed them to His disciples. The enormous crowd ate all the food they could eat. These people had a long journey home. Jesus fed and nourished them for their journey.

At the Holy Mass, the bread and wine are lifted to heaven. A blessing is placed upon them. The bread is broken. At the Holy Mass, a far greater miracle takes place than that described in this Gospel. In the Gospel the miracle was the feeding of the physical hunger of the people. A small number of loaves and fish fed a great crowd. In the Holy Mass, the bread and wine are transformed into the Body and Blood of Our Lord Jesus Christ. Jesus Christ comes to each of us in the Holy Eucharist

with the spiritual food of eternal life. He feeds, heals, and nourishes us with His very self. He feeds us for our long journey home to our heavenly home in paradise.

MASSES WILL BE OPEN TO A MAXIMUM OF 60 PEOPLE IN THE CHURCH

Saturday 1 st August Memorial of St Alphonsus Liguori, Bp, D.	9.30 am.	MASS: Halina & Bogdan Holeszowski RIP
Saturday 1 st August	11.00 am to 12.00 noon.	SACRAMENT OF RECONCILIATION: In the presbytery garden.
Saturday 1 st August	11.00 am to 1.00 pm	Church open for private prayer with Exposition of the Blessed Sacrament.
Saturday 1 st August Vigil Mass Eighteenth Sunday in Ordinary Time A.	5.00 pm.	MASS: Tim O'Donovan Intentions (Catherine)

Sunday 2 nd August Eighteenth Sunday in Ordinary Time A.	8.30 am.	MASS: Matylda & Antoni Delikator RIP
Sunday 2 nd August	10.30 am.	MASS: Brian O'Donovan Intentions (Tim)
Monday 3 rd August	9.30 am.	MASS: Benjamin Cabanting RIP (Amy)
Tuesday 4 th August Memorial of St John Vianney, Pr	9.30 am.	MASS: Lovena Madge RIP (Brian Madge & Family)
Wednesday 5 th August	9.30 am.	MASS: Kathleen Diggins Intentions (Betty Austin)
Saturday 8 th August Memorial of St Dominic, Pr	9.30 am.	MASS: Peter Freyne Intentions (Tim)
Saturday 8 th August	11.00 am to 12 noon.	SACRAMENT OF RECONCILIATION: In the presbytery garden.

Saturday 8 th August	11.00 am to 1.00 pm.	Church open for private prayer with Exposition of the Blessed Sacrament.
Saturday 8 th August Vigil Mass Nineteenth Sunday in Ordinary Time A.	5.00 pm.	MASS: Liz Dearman RIP (Lee Family)
Sunday 9 th August Nineteenth Sunday in Ordinary Time A.	8.30 am.	MASS: Peter Diment RIP John & Mary Murray
Sunday 9 th August	10.30 am	MASS: Justyna Konilowska Intentions (The Parish)
Sunday 9 th August	2.00 pm	Baptism: Elsie & Ruby Glover

Daily Offering

Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus that I may be His forever more. Our Lady of Light, Spouse of the Holy Spirit, pray for us. Amen