

Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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THE MOST HOLY TRINITY (A)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

CORONAVIRUS UPDATE: Please review the Parish Website for the latest updates: <https://ourladyoflight.uk/>

OFFERTORY COLLECTION / DONATIONS

Offerings can be made by standing order or electronic payments using the following details: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463** or by debit card using the

donation button on our website. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Thank you for your support. Fr Patrick.

CONGRATUATIONS: To Mary and Joe Murray for their 60th wedding anniversary on 4th June. Joe has been an active member of the SVP for over 65 years.

FUNERALS: The following funeral is taking place next week:

Thursday 11th June: Mary Courtney Dec'd

Please pray for the repose of her soul and for the support of her grieving family.

John 3:16-18

In the name of the Father, the Son and the Holy Spirit – do we appreciate what we are doing when we make the Sign of the Cross? We are professing the central mystery of our Catholic faith. We are expressing our faith in the Holy Trinity. This faith was revealed to us by Jesus Christ on His Cross. We touch our head and we say, “In the name of the Father” – because He is the first person of the Trinity and our Creator. Then we touch our hearts and we say, “and of the Son”. This reminds us that God the Son proceeds from the Father and came down from heaven to the womb of the Blessed Virgin Mary. Then we touch our shoulders, moving from the left to the right as we say, “and of the Holy Spirit”. We do this because God the Holy Spirit proceeds from the Father and the Son; and in His love, the Spirit fills us, body and soul, with the life of God. Today we celebrate the Solemnity of the Holy Trinity – we celebrate the “Feast of God”: God the Father, God the Son and God the Holy Spirit.

In the Gospel from John, Jesus told Nicodemus that, ‘God loved the world so much that he gave His Only Son’. Jesus Christ entered into humanity through the Blessed Virgin Mary to be the perfect sacrifice for our sins. Following His death, Resurrection and Ascension into heaven,

the Father sent the Holy Spirit to establish the Church on earth. Jesus Christ is seated at the right-hand of the Father in heaven, and will return at the end of time in judgement and glory.

We enter into the life of the Blessed Trinity through our baptism. In Baptism, we are born into new life and become adopted sons and daughters of the Father; we become a member of the Body of Christ; and a temple of the Holy Spirit. The Sacrament of Baptism signifies and actually brings about death to sin and entry into the life of the Most Holy Trinity. We are made in the image of God and are destined to spend our eternal future in the very life of God – the Holy Trinity.

The mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life. By the grace of Baptism ‘in the name of the Father and of the Son and of the Holy Spirit’, we are called to share in the life of the Blessed Trinity, here on earth in the obscurity of faith, and after death in eternal light. God is a being of total and absolute love – a love that we cannot possibly even contemplate in this life, and will only fully experience in the next life.

The Holy Trinity is one God and in this one God there are three Divine Persons, God the Father, God the Son and God the Holy Spirit in a relationship of total love. God is love. The Holy Trinity is the source of all the love that we experience both in this life and the next.

The whole Christian life is a communion with each of the divine persons, without in any way separating them. Everyone who glorifies the Father does so through the Son in the Holy Spirit; everyone who follows Christ does so because the Father draws them, and the Spirit moves them. The ultimate end of our salvation in Christ is the entry of humanity into the perfect unity of the Blessed Trinity. This is the state that we call heaven. In the words of St Athanasius, ‘Jesus Christ became man in order that we may become God’.

RECOMMENDED WEBSITE: www.whatgoodnews.org Faith Talks from Fr Adrian Graffy. Parish Priest - Christ the Eternal High Priest, Gidea Park.

ASSOCIATION OF CHRISTIAN COUNSELLORS: No fee COVID19 crisis counselling support available 024 7644 9694 or www.acc-uk.org

THE FOLLOWING MASSES WILL BE CELEBRATED BY THE PRIEST ONLY:

Saturday 6 th June.	9.30 am.	MASS: Catherine Norgate RIP (Mary)
Sunday 7 th June <i>Solemnity of The Most Holy Trinity (A).</i>	10.30 am.	MASS: Helen O'Donovan RIP (Tim & Catherine)
Monday 8 th June	9.30 am.	MASS: Raymond Conway Harris RIP (Deirdre)
Thursday 11 th June	9.30 am.	MASS: Liz, Alan & Julian Casey Intentions. (Mary)
Friday 12 th June	9.30 am.	MASS: Jimmy Cotter RIP (James Cotter)
Saturday 13 th June.	9.30 am.	MASS: Justina Konikowska Intentions. (Lee family)
Sunday 14 th June	10.30 am.	MASS: Rose Miller RIP (Theresa McCarron)

Daily Offering

Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus that I may be His forever more. Our Lady of Light, Spouse of the Holy Spirit, pray for us. Amen