

Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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THE BODY AND BLOOD OF CHRIST (A)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

CORONAVIRUS UPDATE: Please review the Parish Website for the latest updates: <https://ourladyoflight.uk/>

OFFERTORY COLLECTION / DONATIONS

Offerings can be made by standing order or electronic payments using the following details: **Bank Title: Catholic Church Clacton-on-Sea, Sort Code 401322, Account Number: 41020463** or by debit card using the

donation button on our website. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Thank you for your support. Fr Patrick.

CHURCH OPENING FOR PERSONAL PRAYER: The Government is to permit churches to be open for personal prayer from Monday 15th June, subject to the church being fully COVID19 compliant. I wish to open the church on Saturdays for a limited period. The toilets in the hall will not be available for use. **To open the church, I must have volunteers for stewarding and cleaning.** Anybody volunteering needs to be 18 to 65 years old with no underlying health conditions. If you can help, please email your details to me. Thank you. Fr Patrick

FUNERALS: The following funerals are taking place next week:

Thursday 18th June: Bridget Brooks Dec'd

Friday 19th June: Nelly Doran Dec'd. Please pray for the repose of their soul and for the support of their grieving family.

John 6:51-58

Today we celebrate the Solemnity of the Body and Blood of Christ or Corpus Christi. We celebrate the Holy Eucharist: Christ made present in the Holy Mass and reserved in the church tabernacle. Vatican II declared that the Eucharist is "the source and summit of the Christian life". All the sacraments make possible a contact with the Risen Christ. However, in the Holy Eucharist we actually behold the bodily and spiritual presence of Christ Himself. The Holy Eucharist is truly, really and substantially the Body and Blood of Our Lord Jesus Christ.

In the Gospel from John, Jesus tells us: 'Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day'. 'He who eats my flesh and drinks my blood lives in me, and I live in him'. The Jews believed that blood was the symbol of life and therefore belonged to God alone. They insisted that all meat had to be drained of blood before eating. When we drink the blood of Christ, we

drink the life of Christ; we enter into a vibrant and vivid union with Jesus Christ in the Holy Eucharist. It is Jesus, Himself, who on the last day will raise up those who have believed in Him; who have eaten His body and drunk His blood.

Through Jesus' actions and words at the Last Supper, He established the New Covenant. The New Covenant is the sacrifice of Jesus Christ through the offering of His body and blood in anticipation of His passion and death. The New Covenant is the love of God who sent His Only Son into the world in order that we may be united with Him.

At the Holy Mass, during the Eucharistic Prayer, the Passion of Our Lord Jesus Christ is not repeated but made actually present. All the barriers of time and space are lifted during the Mass. The Council of Trent states: 'under the consecrated form of bread and wine Christ Himself, living and glorious, is present in a true, real and substantial manner: His body and Blood with His soul and His divinity'. The sacrifice of Christ on the Cross and the sacrifice of the Eucharist are one single sacrifice. The Mass makes present the sacrifice of the Cross.

Saint Pope John Paul II said that the Eucharist, as Christ's saving presence in the community of the faithful and its spiritual food, is the most precious possession which the Church can have in her journey through history. The Church draws her life from the Eucharist and is born of the Paschal Mystery.

We can say not only that each of us receives Christ in Holy Communion, but also that Christ receives each of us. He feeds and nourishes us in Holy Communion. Each time we receive Holy Communion, we are changed by Christ. The person that goes up to receive Holy Communion is not the same person that returns from receiving the Holy Eucharist. Each time we receive Holy Communion, we are drawn nearer to Christ and enter into a deeper friendship with Him. Christ incrementally transforms us into the people that God wishes us to be both in this life and for all eternity. Saint Pope John Paul II said that, 'those who feed on Christ in the Eucharist need not wait until the hereafter to receive eternal life: they already possess it on earth, as the

first-fruits of heaven'. We pray that we may soon come together as a community to celebrate the Holy Eucharist.

THE FOLLOWING MASSES WILL BE CELEBRATED BY THE PRIEST ONLY:

Saturday 13 th June. <i>Memorial of St Anthony of Padua, Pr. D.</i>	9.30 am.	MASS: Justina Konikowska Intentions. (Lee family)
Sunday 14 th June <i>Solemnity of The Body & Blood of Christ (A).</i>	10.30 am.	MASS: Rose Miller RIP (Theresa McCarron)
Monday 15 th June	9.30 am.	MASS: Joe & Mary Murray Intentions (The Parish)
Thursday 18 th June	9.30 am.	MASS: Elizabeth McEaney RIP (Pat & Sandra)
Friday 19 th June. The Solemnity of The Most Sacred Heart of Jesus.	9.30 am.	MASS: Allan Wenn RIP (The Parish)
Saturday 20 th June. <i>Memorial of The Immaculate Heart of Mary.</i>	9.30 am.	MASS: The intentions of Our Lady of Light Spouse of the Holy Spirit. (Mary)
Sunday 21 st June. Twelve Sunday in Ordinary Time A. <i>Day for Life.</i>	10.30 am.	MASS: Deceased members of the Byrne & Reilly Families. (Theresa McCarron)

Daily Offering

Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus that I may be His forever more. Our Lady of Light, Spouse of the Holy Spirit, pray for us. Amen