

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit
Sacred Place of Pilgrimage for the Jubilee Year 2025

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<i>Prayer to the Holy Spirit</i> <i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i>		<i>Daily Offering of myself to Jesus through Mary.</i> <i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i>
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FIFTH SUNDAY IN ORDINARY TIME (A)

SANCTUARY LAMP DEDICATIONS:

Commencing 8th February 2026

Our Lady of Light Chapel: Thanksgiving - Joy

Blessed Sacrament Chapel: Rose Twyford RIP - Paul Twyford

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself - simply send an email to giftaid-clacton@brcdt.org

The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463. Funds received last week:

- Standing Order Offerings £173.00 of which £45.00 was gift aided.
- Cash Offerings £586.00 of which £55.00 was gift aided.

Members of the gift-aid scheme should quote their name and Gift Aid number. Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MATTHEW 5:13-16

In today's Gospel from Matthew, Jesus tells his disciples: 'You are the salt of the earth', 'You are the light of the world'. Through our Baptism, we became disciples of Jesus Christ; temples of the Holy Spirit; members of the Body of Christ; and adopted Sons and Daughters of God. At our Baptism, we were given a lighted candle from the Easter Paschal Candle, with the following words: 'Receive the light of Christ'. The Paschal Candle is blessed and lit at the Easter Vigil, the most sacred service in the Church, where we celebrate the Resurrection of Our Lord Jesus Christ and the redemption of the world. At our Baptism, we are given the gift of faith and the indwelling of the Holy Spirit to be a light to the world. This world needs our witness. We are not to hide our faith or make it a private and personal possession. We are called to witness our faith to all we meet.

How do we witness our faith? We witness our faith by obeying the Lord's command, 'to love one another as I have loved you'. We witness our faith through living the Beatitudes. The Beatitudes describe for us what it means to be the earth's salt and the world's light. Can we do this on our own? No - we need the support of our community; we need the blessings of Grace received through the Catholic Church. This is why we gather as a community on Sunday to celebrate the Holy Mass. At the Mass, we are fed with the Word of God, and we are fed with the Holy Eucharist – the Body and Blood of Our Lord Jesus Christ. At the Mass, we receive the welcome and support of the whole community and are affirmed in our faith. It is at Mass that we receive the blessings and graces to be disciples of Jesus Christ, and a light to the whole world.

KNIGHTS OF ST COLUMBA: The next meeting commencing with the Holy Mass will be on Monday 9th February at 7.00pm at 1 Church Road. New enquirers welcome.

LOURDES WITH OUR DIOCESE: Join Bishop Alan and pilgrims from across our diocese in Lourdes this summer: Friday 17th - Friday 24th July 2026. Bookings will open shortly at <https://www.tangney-tours.com/brentwood>

BCYS - Summer Lourdes Pilgrimage (18-25 Jul 2026)

Applications are open online for this years' Lourdes pilgrimage for those in year 10 and above. You can find all information and the link to apply at www.bcys.net/events/sl26. As always, there is funding available for which we can provide advice and support. Please contact BCYS.

SAINT VINCENT DE PAUL: The next meeting takes place at 7.00pm on Thursday 18th February 2025 in the Presbytery. New members welcome.

THIS WEEK'S SERVICES

Saturday 7th February 2026.	9.30am	MASS: Rev Alfred Swaby RIP.
Saturday 7th February 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 7th February 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 7th February 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 7th February 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 7th February 2026. <i>Vigil of the Fifth Sunday in Ordinary Time A.</i>	6.00pm.	MASS: Liz, Bryon & Charlotte Intentions. Lee Family.
Sunday 8th February 2026. <i>Fifth Sunday in Ordinary Time A.</i>	8.30am.	MASS: John Murray Intentions. Joan McCarthy.
Sunday 8th February 2026.	10.30am.	MASS: Serena Deady RIP. Kandiah & Deady Family.
Monday 9th February 2026.	9.00am.	MASS: Laurence & Josie McDermott & Family Intentions. Christina & Seamus Connolly.
Tuesday 10th February 2026. <i>St Scholastica, V.</i>	9.00am.	MASS: Frances & Kieran O'Douls & Family Intentions. Christina & Seamus Connolly.
Wednesday 11th February 2026. <i>Our Lady of Lourdes.</i>	9.00am.	MASS: Mrs Laura Finch Intentions. Tara.

Thursday 12th February 2026.	9.00am.	MASS: Elizabeth Murphy & Family Intentions. Lynne.
Friday 13th February 2026.	9.00am.	MASS: Julie Lee & Family Intentions.
Saturday 14th February 2026. <i>St Cyril, M & St Methodius, B</i>	9.30am	MASS: Kitty Casey & Family. Catherine.
Saturday 14th February 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 14th February 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 14th February 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 14th February 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 14th February 2026. <i>Vigil of the Sixth Sunday in Ordinary Time A.</i>	6.00pm.	MASS: Angela Cook & Family Intentions.
Sunday 15th February 2026. <i>Sixth Sunday in Ordinary Time A.</i>	8.30am.	MASS: Lizy Damien & Family Intentions. Lizy Damien.
Sunday 15th February 2026.	10.30am.	MASS: St Martin De Porrest of Lima. Emmanuel Ogbua.