

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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FIFTH SUNDAY IN ORDINARY TIME (B)
World Day of Prayer for Consecrated Life

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

COVID 19 REGULATIONS: Tier 5 Regulations Update: Communal worship is a permitted event. The Church is open for the celebration of Mass and Private Prayer. Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Face Masks are mandatory. Attendance at Mass is restricted to 50 people.

OFFERTORY COLLECTION / DONATIONS

Offerings can be placed in one of the orange buckets, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-**

Sea, Sort Code 401322, Account Number: 41020463. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:
Collection and donations: £195.50 of which £95.00 was gift aided.

Electronic Offerings £308.00 of which £268.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the parish. Fr Patrick.

MARK 1:29-39

Saint Mark in today's Gospel tells us about Jesus' healing ministry, and His mission to proclaim the Kingdom of God. The Gospel reading commences with an account of the healing of Simon's mother-in-law from a fever. Jesus went into her room and took her by the hand and helped her up. Immediately the fever left her, and she began to wait on them. The remarkable detail is that she was not left exhausted by the fever but was full of energy and eager to serve Jesus and His disciples.

Jesus' mission on earth was to bring healing to humanity. If you read the Gospels, they are full of healing events. Whenever Jesus met anybody, He healed their hearts, souls, minds, and bodies. The Gospel tells us that 'they brought to Him all who were sick and those who were possessed by devils.' Jesus would achieve His greatest act of healing through His passion and crucifixion. John the Baptist said, 'Here is the lamb of God who takes away the sins of the world'. Jesus laid down His life to be the perfect sacrifice for our sins. Through His passion, death and resurrection, Jesus has defeated sin and death. He has restored humanity's relationship with God. He has granted to all who believe in Him the gift of eternal life. This is the Good News. This is the coming of the Kingdom of God.

We are told in the Gospel, that Jesus got up long before dawn and went to a lonely place and prayed to His Father. Jesus prayed to be at one with the Father's will. He prayed to show the importance of prayer in our lives. We must pray to understand God's will in our lives. Following His prayer, Jesus set out immediately to proclaim the Kingdom of God. Jesus tells us that He came into humanity to proclaim the Good News. Following Jesus' death, resurrection, and Ascension into heaven, His earthly mission came to an end, and we await His return at the end of time. The healing ministry of Jesus continues following His Ascension through the Holy Spirit and the Church. Jesus gave us His sacraments. Each sacrament is a healing encounter with the person of Jesus Christ. This is true of all the sacraments, but most especially true of the Holy Eucharist, the Body and Blood of Our Lord Jesus Christ.

FUNERAL: The funeral Mass for Patrick Cunnane will take place on Monday 8th February. Please pray for the repose of his soul and for his family who are grieving at this time.

THE RIGHT TO LIFE PRAYER: ‘We pray for all women going through unexpected pregnancies, that they would experience peace and support in their situation, and experience the many blessings that motherhood brings. Lord hear us’.

MARRIAGE AND FAMILY LIFE. Marriage is not just a relationship but a vocation and a means of holiness. Please pray for married couples, those preparing for marriage (especially those who have had to defer weddings), and those who have been widowed especially in the past year. In the run up to St Valentine's Day the Brentwood Marriage and Family Life Facebook page (BrentwoodMandFL) will include interviews with couples from around the Diocese. If you are experiencing difficulties in your marriage, or would like to deepen your understanding of this vocation and each other, a number of organisations are able to help remotely during the lockdown, such as Retrouvaille, Marriage Care and Smart Loving. Search for these organisations online. Retrouvaille is running its first virtual weekend for couples in difficulty this month, 25th - 28th February (0788 729 6983 / 0797 338 0443 / retrouvailleukinfo@gmail.com).

THE FOLLOWING MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH.

Saturday 6 th February Memorial of St Paul Miki & Comps, Mm.	9.30 am.	MASS: Serena Deady Intentions St Clare's Primary School
Saturday 6 th February	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 6 th February	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 6 th February Vigil Mass of the Fifth Sunday in Ordinary Time (B)	6.00 pm.	MASS: Angela Cook & Family Intentions Justyna
Sunday 7 th February The Fifth Sunday in Ordinary Time (B) (World Day of Prayer for Consecrated Life).	8.30 am.	MASS: Michael Phesant Intentions Peter & Laura

Sunday 7 th February	10.30 am. FAMILY MASS	MASS: Julie Lee & Family Intentions Catherine O'Donovan
Monday 8 th February	9.30 am.	MASS: Ann Hyde & Family Intentions Parish
Monday 8 th February	10.45 am. ATTENDANCE BY INVITATION ONLY.	FUNERAL MASS: Patrick Joseph Cunnane Dec'd
Tuesday 9 th February	9.30 am.	MASS: Rev Alfred Swaby Foundation Mass
Wednesday 10 th February Feast of Our Lady of Lourdes.	9.30 am.	MASS: Finch Family Intentions Mum & Dad.
Saturday 13 th February	9.30 am.	MASS: Tim O'Donovan RIP Peter & Laura
Saturday 13 th February	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 13 th February	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 13 th February Vigil Mass of the Sixth Sunday in Ordinary Time (B)	6.00 pm.	MASS: Holy Souls Parish.
Sunday 14 th February Sixth Sunday in Ordinary Time (B) (World Day for Unemployed.)	8.30 am.	MASS: Mary Benedict RIP Tara
Sunday 14 th February	10.30 am. FAMILY MASS	MASS: Julie Lee Intentions Justyna