

Our Lady of Light & Saint Osyth

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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FIFTH SUNDAY IN ORDINARY TIME (A)

Racial Justice Sunday

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

OFFERTORY COLLECTION / DONATIONS: Please, wherever possible, arrange to make **your offerings electronically**. If you are a taxpayer, you can gift aid the amount without any cost to yourself. This saves the work of our volunteer counters, increases our income, and greatly reduces our bank charges. The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322

Account Number: 41020463.

Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:

Electronic Offerings £296.00 of which £270.00 was gift aided.

Collection £474.56 of which £99.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MATTHEW 5:13-16

In today's Gospel from Matthew, Jesus tells his disciples: 'You are the salt of the earth', 'You are the light of the world'.

Through our Baptism, we became disciples of Jesus Christ, temples of the Holy Spirit, members of the Body of Christ, and adopted Sons and Daughters of God. At our Baptism, we were given a lighted candle from the Easter Paschal Candle, with the following words: 'Receive the light of Christ'. The Paschal Candle is blessed and lit at the Easter Vigil, the most sacred service in the Church, where we celebrate the Resurrection of Our Lord Jesus Christ and the redemption of the world. At our Baptism, we are given the gift of faith and the indwelling of the Holy Spirit to be a light to the world. This world needs our witness. We are not to hide our faith or make it a private and personal possession. We are called to witness our faith to all we meet.

How do we witness our faith? We witness our faith by obeying the Lord's command, 'to love one another as I have loved you'. We witness our faith through living the Beatitudes. The Beatitudes describe for us what it means to be the earth's salt and the world's light. Can we do this on our own? No - we need the support of our community; we need the blessings of Grace received through the Catholic Church. This is why we gather as a community on Sunday to celebrate the Holy Mass. At the Mass, we are fed with the Word of God, and we are fed with the Holy Eucharist – the Body and Blood of Our Lord Jesus Christ. At the Mass, we receive the welcome and support of the whole community and are affirmed in our faith. It is at the Mass that we receive the blessings and graces to be disciples of Jesus Christ, and a light to the whole world.

YOUTH MASS: In the chapel at St Benedict's Catholic College, Colchester, Thursday 9th February 2023 @ 4.30pm. If you play an instrument, please bring it along. Free refreshments and opportunity to socialize with other young people. Contact Tom Fusi, Chaplain 01206 549222 for further information.

PETITION TO STOP INTRODUCTION OF ABORTION UP TO BIRTH: Please sign up on righttolife.org.uk/signthepetitiontorishi Further information on righttolife.org.uk or info@righttolight.org.uk or 01732460911.

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY: Currently seeking to appoint new trustees to Board to help and guide work. Further information available by emailing Bernadette at bfisher@bccs.org.uk or see website www.bccs.org.uk.

GUITAR PLAYING: If anyone under the age of 18 would like to learn to play the guitar to play at the 10.30 am Family Mass, please contact Julie Lee on 07949087427 – free lessons are available.

PILGRIMAGE TO HOLY LAND: 5TH to 12th September 2023 with All Saints Travel and led by Fr John Moloney. See www.allsaintstravel.co.uk/HL0756/ for further information.

NATIONAL MARRIAGE WEEK: 7th to 14th February 2023. See www.dioceseofbrentwood.net/departments/marriage-family-life for support and events.

FUNERAL: The funeral of John Roake will take place on Thursday 9th February 2023. Please pray for the repose of his soul and for his grieving family.

BRENTWOOD CATHOLIC YOUTH SERVICE: See www.bcys.net/events for latest events.

THIS WEEK'S SERVICES.

Saturday 4 th February 2023.	9.30 am.	MASS: Breda Cunningham RIP. Eileen Morley.
Saturday 4 th February 2023.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy.
Saturday 4 th February 2023.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 4 th February 2023.	11.00 am.	DIVINE MERCY CHAPLET
Saturday 4 th February 2023.	12.00 pm.	THE HOLY ROSARY.
Saturday 4 th February 2023. <i>Vigil of the Fifth Sunday in Ordinary Time (A).</i>	6.00 pm.	MASS: Sonya Andrews Intentions. The Andrews Family
Sunday 5 th February 2023. <i>Fifth Sunday in Ordinary Time (A).</i>	8.30 am.	MASS: Matthew & Elaine Todd & Family. Lindsey.

Sunday 5 th February 2023.	10.30 am.	MASS: Serena Deady RIP Family.
Monday 6 th February 2023. <i>Memorial of St Paul Miki & Comps, Mm.</i>	9.00 am.	MASS: Dixon Family Intentions.
Tuesday 7 th February 2023.	9.00 am.	MASS: Fr Patrick & Family Lindsey.
Friday 10 th February 2023. <i>Memorial of St Scholastica, V.</i>	9.00 am.	MASS: Edward Cox RIP Doreen Lane.
Saturday 11 th February 2023. <i>Feast of Our Lady of Lourdes.</i>	9.30 am.	MASS: Peggy Walsh RIP.
Saturday 11 th February 2023.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy.
Saturday 11 th February 2023.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 11 th February 2023.	11.00 am.	DIVINE MERCY CHAPLET
Saturday 11 th February 2023.	12.00 pm.	THE HOLY ROSARY.
Saturday 11 th February 2023. <i>Vigil of the Sixth Sunday in Ordinary Time (A).</i>	6.00 pm.	MASS: Angela & Gordon Cook Intentions.
Sunday 12 th February 2023. <i>Sixth Sunday in Ordinary Time (A).</i>	8.30 am.	MASS: Matt Murray RIP Joan McCarthy.
Sunday 12 th February 2023.	10.30 am.	MASS: Julia Clarke & Family Intentions.