

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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SVP contact number: 07799104874 Linda Swinbourne President

*Come Holy
Spirit, by
means of the
powerful
intercession
of the
Immaculate
Heart of
Mary, Your
well-beloved
spouse.
Amen.*



*Our Lady of
Light, Spouse
of the Holy
Spirit, I give
thee my
whole self,
soul and
body, all that I
have or may
have, to keep
for Jesus, that
I may be His
for evermore.
Amen.*

FIFTH SUNDAY IN ORDINARY TIME (B)

SANCTUARY LAMP DEDICATIONS: This week:

❖ *Our Lady of Light Chapel: Anniversary Aleykutty John*

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself. The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463.

Members of the gift-aid scheme should quote their name and Gift Aid number in the Reference. Funds received last week:

Standing Order Offerings £211.00 of which £143.00 was gift aided.

Collection Offerings: £535.10 of which £99.00 was gift aided.

Trinity Hope Homeless Centre: £535.00 of which £10.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MARK 1:29-39

Saint Mark in today's Gospel tells us about Jesus' healing ministry, and His mission to proclaim the Kingdom of God. The Gospel reading commences with an account of the healing of Simon's mother-in-law from a fever. Jesus went into her room and took her by the hand and helped her up. Immediately the fever left her, and she began to wait on them. The remarkable detail is that she was not left exhausted by the fever but was full of energy and eager to serve Jesus and His disciples.

Jesus' mission on earth was to bring healing to humanity. If you read the Gospels, they are full of healing events. Whenever Jesus met anybody, He healed their hearts, souls, minds, and bodies. The Gospel tells us that 'they brought to Him all who were sick and those who were possessed by devils.' Jesus would achieve His greatest act of healing through His passion and crucifixion. Through His passion, death and resurrection, Jesus has defeated sin and death. He has restored humanity's relationship with God. He has granted to all who believe in Him the gift of eternal life. This is the Good News. This is the coming of the Kingdom of God.

The healing ministry of Jesus continues following His Ascension through the Holy Spirit and the Church. Jesus gave us His sacraments. Each Sacrament is a healing encounter with the person of Jesus Christ. This is true of all the sacraments, but most especially true of the Holy Eucharist, the Body, and Blood of Our Lord Jesus Christ.

ASH WEDNESDAY: There is Mass at 9.00 am and 7.00 pm in the evening on Wednesday 14th February 2024.

FR PATRICK: Will be on Retreat from Monday 4th February 2024 until Tuesday 13th February 2024. Fr Gerald Gostling will be providing cover in his absence.

LOURDES SICK & HELPERS PILGRIMAGE FUND: There will be a second collection at all Masses during the weekend 17th/18th February 2024.

WORLD DAY OF PRAYER: There will be prayer and refreshments at the Salvation Army, 103 Old Road, Clacton on Sea at 1.00 pm on Friday 1st March 2024. All welcome.

APPRENTICESHIPS AT WALSHINGHAM HOUSE: 2-year apprenticeship course in Youth Ministry and Chaplaincy (Yr 13 school leavers). Participants will live and work at

Walsingham House, running retreats for young people across the Diocese whilst studying with St Mary's University, Twickenham. For more information, email clairebaily@brcdt.org.

BCYS SUMMER LOURDES YOUTH PILGRIMAGE: Bookings are now open online for Brentwood Catholic Youth Service Pilgrimage to Lourdes in July 2024. Go to www.bcys.net/events

GODSPELL THE MUSICAL: At St Benedicts Catholic College. 14th to 16th February 2024 at 7.00pm in The Manning Hall. Tickets £5.00. Email t.fusi@stbenedicts.essex.sch.uk

THIS WEEK'S SERVICES

Saturday 3 rd February 2024. <i>Diocesan Memorial of St Anne Line, M.</i>	9.30 am.	MASS: Rev'd Anthony Spooner RIP. Alice Spooner.
Saturday 3 rd February 2024.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION
Saturday 3 rd February 2024.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 3 rd February 2024.	11.00 am.	DIVINE MERCY CHAPLET.
Saturday 3 rd February 2024.	12.00 pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 3 rd February 2024. <i>Vigil of the Fifth Sunday in Ordinary Time (B).</i>	6.00 pm.	MASS: Catherine Baudains Intentions. Angela Cook.
Sunday 4 th February 2024. <i>The Fifth Sunday in Ordinary Time (B).</i>	8.30 am.	MASS: Mary Sullivan RIP Mrs S M Smith.
Sunday 4 th February 2024.	10.30 am.	MASS: Mary Pearce & Family Intentions. Lindsey.
Saturday 10 th February 2024. <i>Memorial of St Scholastica, V</i>	9.30 am.	MASS: Rev Alfred Swaby RIP
Saturday 10 th February 2024.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION
Saturday 10 th February 2024.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.

Saturday 10 th February 2024.	11.00 am.	DIVINE MERCY CHAPLET.
Saturday 10 th February 2024.	12.00 pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 10 th February 2024. <i>Vigil of the Sixth Sunday in Ordinary Time (B).</i>	6.00 pm.	MASS: Burt Young RIP Andrews Family.
Sunday 11 th February 2024. <i>The Sixth Sunday in Ordinary Time (B).</i>	8.30 am.	MASS: Damien Roberts Intentions. Lizzy Damien.
Sunday 11 th February 2024.	10.30 am.	MASS: Jeswin Joseph George Intentions. Family.
Wednesday 14 th February 2024. <i>Ash Wednesday.</i>	9.00 am.	MASS: Aslam Saffat Intentions. Breda Cameron.
Wednesday 14 th February 2024.	7.00 pm.	MASS: Collette Walker & Peter Coyne Intentions. Lindsey.
Thursday 15 th February 2024.	9.00 am.	MASS: Michael & Anne Flanagan & Family Intentions.
Friday 16 th February 2024.	9.00 am.	MASS: Eugene & Una Gormley Intentions. Eugene Mullins.
Friday 16 th February 2024.	7.00 pm.	STATIONS OF THE CROSS.