

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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<i>Prayer to the Holy Spirit</i> <i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i>		<i>Daily Offering of myself to Jesus through Mary.</i> <i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i>
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THE MOST HOLY TRINITY (A)

SANCTUARY LAMP DEDICATIONS:

Week Commencing 31st May 2026

Blessed Sacrament Chapel: Tara Headley

Our Lady of Light Chapel: Paul Twyford & Family.

Week Commencing 7th June 2026

Blessed Sacrament Chapel: Estelle Moss RIP - Her friends.

Our Lady of Light Chapel: Estelle Moss RIP - Her Friends.

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself - simply send an email to

giftaid-clacton@brcdt.org

Funds received last week:

- Standing Order Offerings £498.00 of which £120.00 was gift aided.

- Cash Offerings £631.90 of which £86.00 was gift aided.

Members of the gift-aid scheme should quote their name and Gift Aid number. The parish bank details are available on request. Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

JOHN 3:16-18 Today we celebrate the Solemnity of the Holy Trinity – we celebrate the “Feast of God”: God the Father, God the Son, and God the Holy Spirit. The mystery of the Most Holy Trinity is the central mystery of the Christian faith and of Christian life.

In the Gospel from John, Jesus told Nicodemus that, ‘God loved the world so much that he gave His Only Son’. Jesus Christ entered into humanity through the Blessed Virgin Mary to be the perfect sacrifice for our sins. Following His death, Resurrection and Ascension into heaven, the Father sent the Holy Spirit to establish the Church on earth. Jesus Christ is now seated at the right-hand of the Father in heaven and will return at the end of time in judgement and glory.

We enter into the life of the Blessed Trinity through our baptism. In Baptism, we are born into new life and become adopted sons and daughters of the Father; we become members of the Body of Christ – His Church; and temples of the Holy Spirit. The Sacrament of Baptism signifies and actually brings about death to sin and entry into the life of the Most Holy Trinity. We are made in the image of God and are destined to spend our eternal future in the very life of God – the Holy Trinity. In the words of St Athanasius, ‘Jesus Christ became man in order that we may become God’.

ADOPT A FLOWER BED: Would you consider adopting a flower bed in the presbytery or church gardens? It will be yours to design and manage. A yearly prize will be awarded to the best kept flower bed. Speak to Fr Patrick.

CHILDREN’S LITURGY: No children’s liturgy this weekend due to school half-term.

LEGION OF MARY: A Parish Mission will be completed during the week 11th to 18th July 2026. We need bed and breakfast for 10 missionaries. They will pay £100.00 each. Would you be able to look after a missionary for the week? Please pray for the success of the mission.

STREET EVANGELISM: On Saturdays. Please message Kathy 07386718964 or Richard 07821813094 to join our WhatsApp group.

MISSIO MASS: Missio is the Catholic Church’s official charity for overseas evangelization and is the Pope’s personal charity. It is also known as the Pontifical Missionary Societies. On behalf of Missio, I would like to invite you to attend a special Mass on Saturday 20th June 2026 @ 11.00am at Our Lady of Light. The Mass will be followed by presentations on the role of Missio in the life of the Church. A simple lunch will be provided and the day will finish at 2.30pm. Fr Patrick, Diocesan Director for Missio.

CORPUS CHRISTI MASS: The First Holy Communion children are invited to lead the Corpus Christi Procession at the 10.30am Mass on Sunday 7th June 2026 at 10.30am.

SVP CHARITY WALK: The SVP invites you to join our Charity Walk on Saturday 13th June 2026 or to sponsor somebody on the walk. All walkers will meet at Our Lady of Light Church at 10.00am. Transport will be provided to Walton on the Naze. We will walk the coastal path back to Clacton on Sea. All funds to the SVP. There will be refreshment in the hall after the walk. Contact Linda on 07799104874 or Katherine on 07386718964 for donations or further information.

DOCTRINAL INSTRUCTIONS: Lessons with Fr Peter will recommence on Sunday 31st May and 14th June 2026. Speak to Fr Peter for further information.

SECOND COLLECTION: There will be a second collection at all Masses on the weekend 6th/7th May 2006 for the Sick Clergy Fund.

THIS WEEK'S SERVICES

Saturday 30th May 2026. <i>The Visitation of the Blessed Virgin Mary.</i>	9.30am	MASS: The Blight Family Intentions. Mary.
Saturday 30th May 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 30th May 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 30th May 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 30th May 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 30th May 2026. <i>Vigil of The Most Holy Trinity A</i>	6.00pm.	MASS: Lolo Everett Intentions. May, Noel, Theresa & Pauline.
Sunday 31st May 2026. <i>The Solemnity of The Most Holy Trinity A</i>	8.30am.	MASS: Mary Murray Intentions. Tim
Sunday 31st May 2026.	10.30am.	MASS: Ana, James & Williams Intentions. Lynne Austin.
Monday 1st June 2026 <i>Dedication of the Cathedral of St Mary and</i>	9.00am.	MASS: Birthday Intentions. Mary Varghese.

<i>St Helen.</i>		
Tuesday 2nd June 2026.	9.00am.	MASS: Private Intentions. Elizabeth & Family.
Wednesday 3rd June 2026. <i>St Charles Lwanga & Comps, Mm.</i>	9.00am.	MASS: M O'Kane Intentions. Margaret O'Kane.
Thursday 4th June 2026	9.00am.	MASS: Julie Morris RIP Flo Summer.
Friday 5th June 2026. <i>St Boniface, Bp,M.</i>	9.00am.	MASS: Caroline, Laura & Ryan McDermott Intentions. Christina & Seamus Connolly.
Saturday 6th June 2026.	9.30am	MASS: John Murphy RIP. Friends.
Saturday 6th June 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 6th June 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 6th June 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 6th June 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 6th June 2026. <i>Vigil of The Solemnity of Corpus Christi A</i>	6.00pm.	MASS: Noreen Kavanagh Intentions. May, Noel, Theresa & Pauline.
Sunday 7th June 2026. <i>The Solemnity of Corpus Christi A</i>	8.30am.	MASS: Tom Sexton RIP Joan McCarthy.
Sunday 7th June 2026.	10.30am.	MASS: Joseph & Aleen Ortega Intentions. Eilivina.