

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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<i>Prayer to the Holy Spirit</i> <i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i>		<i>Daily Offering of myself to Jesus through Mary.</i> <i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i>
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EIGHTEENTH SUNDAY IN ORDINARY TIME (A)

SANCTUARY LAMP DEDICATIONS:

Week Commencing 2nd August 2026

Blessed Sacrament Chapel: Lilia Kibanoff RIP - Medrano Family.

Week Commencing 9th August 2026

Blessed Sacrament Chapel: Annie Monteiro (RIP) - Tara

Our Lady of Light Chapel: Lilia Kibanoff - Jo & Alex Medrano

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself - simply send an email to

giftaid-clacton@brcdt.org

Funds received last week:

- Standing Order Offerings £298.00 of which £278.00 was gift aided.
- Cash Offerings £660.40 of which £105.00 was gift aided.

Members of the gift-aid scheme should quote their name and Gift Aid number. The parish bank details are available on request. Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

Matthew 14:13-21 In today's Gospel from Matthew, Jesus took His disciples to a lonely place following the death of John the Baptist. The people somehow knew where they were going and followed on foot. On stepping ashore, Jesus felt great compassion for the crowd and began healing the sick. When evening came, His disciples wished to send the people away to find food. The people were tired and in need of sustenance. They had a long journey back to their homes by foot. Jesus commands His disciples, "There is no need for them to go: give them something to eat yourselves." They replied, "All we have with us is five loaves and two fish."

Jesus ordered the crowd to sit down. He took the five loaves and the fish, raised His eyes to heaven and said the blessing. He broke the loaves and handed them to His disciples. The enormous crowd ate all the food they could eat. These people had a long journey home. Jesus fed and nourished them for their journey.

At the Holy Mass, the bread and wine are lifted to heaven. A blessing is placed upon them. The bread is broken. At the Holy Mass, a far greater miracle takes place than that described in this Gospel. In the Gospel the miracle was the feeding of the physical hunger of the people. A small number of loaves and fish fed a great crowd. In the Holy Mass, the bread and wine are transformed into the Body and Blood of Our Lord Jesus. Jesus Christ comes to each of us in the Holy Eucharist with the spiritual food of eternal life. He feeds, heals, and nourishes us with His very self. He feeds us for our long journey home to our heavenly home in paradise.

CHILDREN'S LITURGY: There is no children's liturgy during the summer term break.

YOUNG PERSON'S SUMMER PARTY: Will be held in St Charles's Halls and Presbytery Garden on Friday 7th August 2026 from 5pm to 8pm. Games, music, food and lots of fun!

SUMMER FETE 15TH AUGUST: Thank you to everyone so far who has offered food and help for our fete. We are sure it will be an exciting day for all. We still need items for the stalls, jewellery, photo-frames, display items, the raffle, toys, children's clothes, and bottles for the tombola. Dr Lizzy and Julie.

ADULT CATECHESIS CLASSES: Will commence on Monday 14th September at 7.00 pm in the Presbytery. The classes are for the following:

- Catholics who wish to receive the Sacraments of Holy Communion and Confirmation.
- Christians who wish to be received into the Catholic Church.
- Unbaptised who wish to be Baptised into the Catholic Church.

Please contact Fr Patrick if you would like to join the group.

ASSISTED SUICIDE BILL: A Private Members' Bill on assisted suicide – so-called assisted dying – has been reintroduced to the House of Commons. The Terminally Ill Adults (End of Life) Bill will have its Second Reading and vote on Friday, 11 September 2026. The Bill has a serious lack of protection for health and social care staff and risks putting many wonderful hospices and care homes in the position of no longer being able to operate. Please contact our MP and request that he votes against the bill:

nigel.farage.mp@parliament.uk

WORLD APOSTOLATE OF FATIMA: On Saturday 12th September 2026, the Diocese of Brentwood will host the Visitation of the National Pilgrim Statue of Our Lady of Fatima and the relics of Saints Jacinta and Francisco at Brentwood Cathedral. There will be a day of prayers and services commencing at 10.00am. Bishop Alan will preside at Mass at 10.30am.

ST MICHAEL'S SUMMER FETE: Friday 7th August 2026 2.30 to 4.30pm.

LEGION OF MARY: Meet every Tuesday evening at 7.00pm at 1 Church Road. New members welcome.

THIS WEEK'S SERVICE

Saturday 1st August 2026. St Alphonsus Mary de' Loguori, Bp, D.	9.30am	MASS: Mary Christi RIP Nicola.
Saturday 1st August 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 1st August 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 1st August 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 1st August 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 1st August 2026. <i>Vigil of the Eighteenth Sunday in Ordinary Time A</i>	6.00pm.	MASS: Moira & Ronan McCarron Intentions. Theresa, Brian & Family
Sunday 2nd August 2026. <i>Eighteenth Sunday in Ordinary</i>	8.30am.	MASS: Bonnie & Phillip Roberts Intentions.

<i>Time A</i>		
Sunday 2nd August 2026.	10.30am.	MASS: Fr Ambrose Ohene (Anniversary PH)
Monday 3rd August 2026.	9.00am.	MASS: Dunstan King RIP. Brian Madge.
Thursday 6th August 2026.	7.00pm	MASS: Lexi Intentions Lee Family.
Friday 7th August 2026.	9.00am.	MASS: Wendy Bonus Intentions. Mary.
Saturday 8th August 2026.	9.30am	MASS: Bec Sheaham RIP. Nicola.
Saturday 8th August 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 8th August 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 8th August 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 8th August 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 8th August 2026.	1.30pm.	WEDDING: George & Ellie Steel.
Saturday 8th August 2026. <i>Vigil of the Nineteenth Sunday in Ordinary Time A</i>	6.00pm.	MASS: Cooper Family Intentions. Lee Family.
Sunday 9th August 2026. <i>Nineteenth Sunday in Ordinary Time A</i>	8.30am.	MASS: Patricia Kemp RIP.
Sunday 9th August 2026.	10.30am.	MASS: Melawe Harwood Bee Intentions. Mrs B Lawlor.