

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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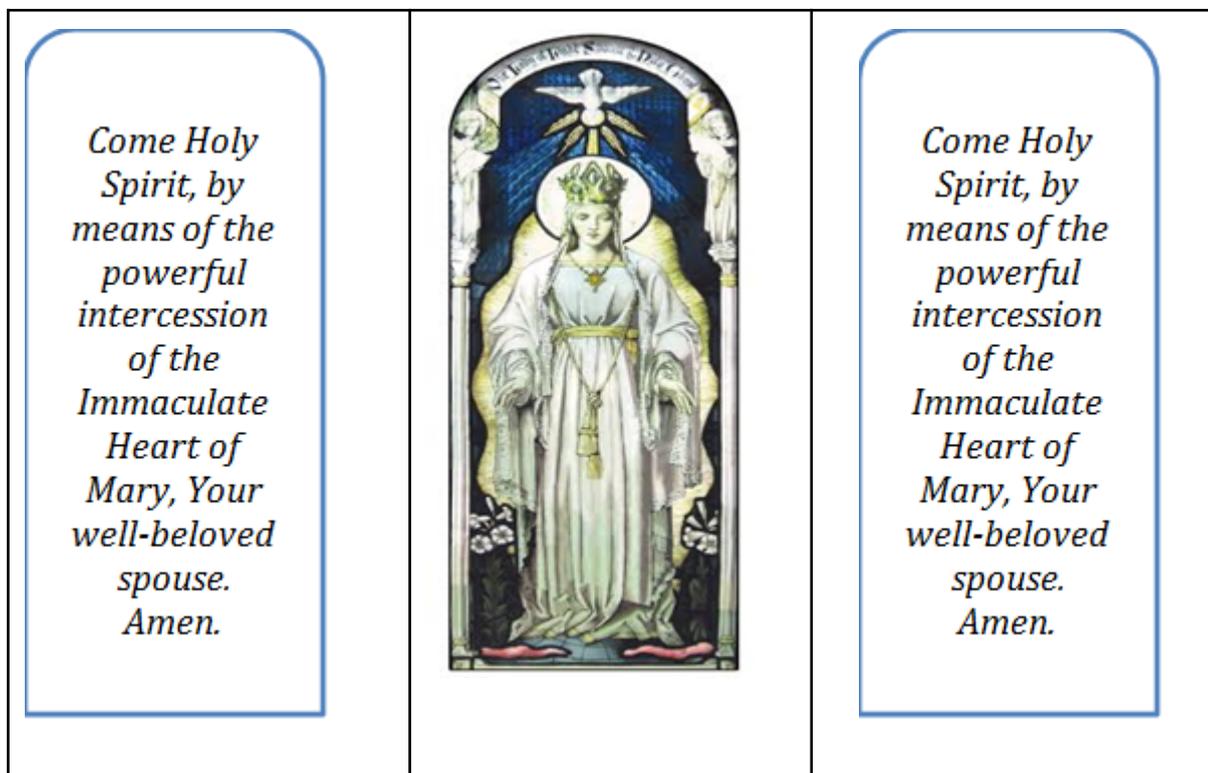
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Parish website: www.ourladyoflight.uk

Diocesan website: +www.dioceseofbrentwood.net

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SEVENTEENTH SUNDAY IN ORDINARY TIME (B)

World Day for Grandparents & the Elderly

SANCTUARY LAMP DEDICATIONS: This week:

- *Blessed Sacrament Chapel: John Coyne (Anniversary) Theresa*

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself. The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463.

Members of the gift-aid scheme should quote their name and Gift Aid number in the Reference. Funds received last week:

Standing Order Offerings £201.00 of which £143.00 was gift aided.

Collection Offerings £611.47 of which £117.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

JOHN 6:1-15 In the Gospel from John, we are given the story of the feeding of many through a miracle. There was a large crowd of 5000 people, who needed nourishment and refreshment. There was a small boy with just 5 barley loaves and 2 fish. The disciples question what is the good of such a small amount of food for so many? Jesus told the disciples to 'make the people sit down'. Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; He then did the same with fish, giving them as much as they wanted to each. 12 hampers were filled with the scraps left over from the meal of 5 barley loaves and 2 fish. The people referred to the prophet who had come into the world. They failed to appreciate that someone far greater than a prophet stood before them.

Jesus would shortly share another meal with His disciples on the Thursday evening before His crucifixion. At this meal, He would take bread and giving thanks, would break it and give it to His disciples. At this meal, He would take a chalice of wine, and once more He would give thanks and give it to His disciples. This meal we call the Eucharist, which means 'giving thanks'. This meal represents a far greater miracle than the simple multiplication of food. During the Eucharistic Prayer, the bread and wine are transformed through the action of the Holy Spirit into the Body and Blood of Our Lord Jesus Christ. At this meal, we call the Mass; Jesus comes to us not to feed our bodies but to feed our souls. Every time we receive Holy Communion, we are changed by the presence of God. We are incrementally changed into the people that God wishes us to become in this life in order that we may spend eternity in God's presence in the next. In the words of Saint Pope Pius X, there is no surer way of getting to heaven than the regular reception of Holy Communion.

FUNERAL: The funeral Mass for Mary Mangan Dec'd will take place on Monday 29th July 2024 at 1.00 pm. Please pray for the repose of her soul and her grieving family.

UPDATE ON NEW ASSISTANT PRIEST: Work has commenced on the refurbishment of 3 Church Road. The property has not been occupied for many years. I invited any parishioner wishing to contribute to the preparation of a new home for Fr Grzegorz to purchase one of the following items:

washing machine, cooker, fridge freezer, dishwasher or bed. Thank you for your great generosity. The only items needed are now the bed and washing machine. If you feel you can help, please speak to Fr Patrick.

ADULT CATECHESIS CLASSES: Will commence on Monday 2nd September at 7.00 pm in the Presbytery. The classes are for the following:

- Catholics who wish to receive the Sacraments of Holy Communion and Confirmation.
- Christians who wish to be received into the Catholic Church.
- Unbaptised who wish to be Baptised into the Catholic Church.

Please contact Fr Patrick if you would like to join the group.

THIS WEEK'S SERVICES

Saturday 27th July 2024.	9.30am.	MASS: Ian David Morris RIP. Terrie & Lorraine Herlihy.
Saturday 27th July 2024.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 27th July 2024.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 27th July 2024.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 27th July 2024.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 27th July 2024.	1.30pm.	WEDDING: Michael Dellow and Nicola Rose Vila.
Saturday 27th July 2024. <i>Vigil of the Seventeenth Sunday in Ordinary Time B.</i>	6.00pm.	MASS: Ian Skipper RIP Nicola & Colin.
Sunday 28th July 2024. <i>Seventeenth Sunday in Ordinary Time B.</i>	8.30am.	MASS: Wojciech Holeszowski & Family Intentions.
Sunday 28th July 2024.	10.30am.	MASS: Tracy, Rob & Scarlett Intentions. Nicola & Colin.
Sunday 28th July 2024.	11.30am.	BAPTISM: Charlie Weisinger.

Sunday 28th July 2024.	2.00pm.	BAPTISM: Edward & Alexander Hearn.
Monday 29th July 2024. <i>Memorial SS Martha, Mary & Lazarus.</i>	9.00am.	MASS: Bill Hill RIP Brian Madge.
Monday 29th July 2024.	1.00pm.	FUNERAL MASS: Mary Mangan Dec'd.
Tuesday 30th July 2024.	9.00am.	MASS: Nuala & Graham Yates Intentions. Lee Family
Friday 2nd August 2024.	9.00am.	MASS: Michael John Freyne Intentions. Tim.
Saturday 3rd August 2024.	9.30am.	MASS: Frank McNicolas RIP. Nicola & Colin.
Saturday 3rd August 2024.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 3rd August 2024.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 3rd August 2024.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 3rd August 2024.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 3rd August 2024.	1.00pm.	WEDDING: David Orton & Hannah Walker.
Saturday 3rd August 2024. <i>Vigil of Eighteenth Sunday in Ordinary Time B</i>	6.00pm.	MASS: Mrs Jo Gilmore Intentions. Angela Cook.
Sunday 4th August 2024. <i>Eighteenth Sunday in Ordinary Time B.</i>	8.30am.	MASS: Pat Murray Intentions.
Sunday 4th August 2024.	10.30am.	MASS: Joyce Ajibola-Babaloa & Family Intentions. Paul Twyman.
Sunday 4th August 2024.	2.00pm.	BAPTISM: Jack Mortil