

**Our Lady of Light & Saint Osyth**  
***National Shrine of Our Lady of Light, Spouse of the Holy Spirit***

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<p style="text-align: center;"><b><i>Prayer to the Holy Spirit</i></b></p> <p style="text-align: center;"><i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i></p>		<p style="text-align: center;"><b><i>Daily Offering of myself to Jesus through Mary.</i></b></p> <p style="text-align: center;"><i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i></p>
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**SEVENTH SUNDAY IN ORDINARY TIME (C )**

**SANCTUARY LAMP DEDICATIONS:**

*Week commencing 23rd February 2025*

*Blessed Sacrament Chapel: Trevor Clarke RIP - Julia Clarke*

*Our Lady of Light Chapel: :Lilia Kibanoff RIP - Jo Medrano*

*Week commencing 2nd March 2025*

*Blessed Sacrament Chapel: Antoni & Matylda Delikator - Family*

*Our Lady of Light Chapel: Antoni & Matylda Delikator - Family*

**OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order.** If you are a taxpayer, you can Gift Aid the

amount without any cost to yourself. The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463.

Members of the gift-aid scheme should quote their name and Gift Aid number  
Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

**LUKE 6:27-38** From today's Gospel from Luke, Jesus tells His disciples to 'Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly'. They must have thought that this man was asking the impossible! How are we to love our enemies, do good to those who hate us, bless those who curse and pray for those who treat us badly?

We first must look at Jesus and His example to us. Jesus died on a cross for the sins of all humanity. He came into the world to heal sinners and those rejected by society. He never retaliated against those who attacked Him. He silently endured the insults, blows and injuries of His passion with the words: 'Father forgive them for they do not know what they do'.

We must listen to the words He gave us: 'I give you a new commandment to love one another as I have loved you'. Jesus took upon Himself all the sins of the world from the beginning to the end of time in order to grant us eternal life. God is a being of perfect love and out of love for us, He sent His only Son into the world to be the perfect sacrifice for our sins. This love is not normal love. This love is called sacrificial love or agape. This perfect love involves giving to others without consideration of what you will receive in return or the cost to you.

How can we love in this way? How can we respond to the message of this Gospel with perfect love? We cannot love in this way on our own. We do not have the spiritual resources to love in this way. In the words of St John, the Baptist: 'He must grow greater and I must grow smaller'. Only by allowing Jesus Christ to grow greater within our hearts, souls and minds can we hope to love in this way. Only by allowing the selfish me in each one of us to diminish it is possible to love in this way. We do this through daily prayer, acts of love and kindness, reading Scripture, and receiving the Sacraments. When we receive the Holy Eucharist, we are transformed into what we receive from God. We incrementally are transformed into images of His Son.

**REPOSITORY:** We will be shortly placing an order for Easter. If you would like any item currently not available, please enter the details on the order list at the back of the church.

**CANON STEWART FOSTER:** will shortly be coming to provide assistance to Fr Patrick in the Parish, particularly to allow him to carry out his responsibilities as Episcopal Vicar for Finance. Fr Stewart who originates from Ingatestone, was ordained in 1992 and has served in many parishes in the Diocese. For the past 25 years, he has been the Archivist and Historian of the Diocese of Brentwood. He also assists with the Catholic Chaplaincy at

Pentonville Prison. Fr Stewart will be supplying in the Parish for part of the week (and at weekends as required). While at Clacton, he also hopes to produce histories of the Parish and on the devotion to Our Lady of Light.

**ST PATRICK'S NIGHT DANCE:** Great entertainment with Ceili dancing with live music and DJ. Bring your own food and drink. Tea and coffee free. 7.00pm to 11.00pm By ticket only £10 per head from Eugene Mullin and Pat Murray. Funds towards the new hall roof.

**SUNDAY DIVINE OFFICE AND ROSARY:** You are invited to pray Lauds at 10:00 every Sunday before Mass (at our Sacred Heart Shrine), connecting the faithful to the Church's official daily prayer, cultivating gratitude and devotion while preparing hearts for the Eucharist. The Rosary will be sent after Mass at Our Lady Shrine allows the community to honour Mary and seek her intercession.

**KNIGHTS OF ST COLUMBA QUIZ NIGHT:** In aid of Beacon House Homeless Centre and KSC Charities. 1st March at 7.00pm at Cardinal Bourne Institute, Priory Street, Colchester. For more information, call George on 07476781885.

**DIOCESAN PILGRIMAGE TO LOURDES:** Join Bishop Alan from Friday 18th to Friday 25th July 2025. Support is available for those with medical needs. For further information, please phone Tangney Tours on 01732886666 or book online: Brentwood Lourdes Pilgrimage - Tangney Tours.

**HOMELESS:** Appeal for blankets and sleeping bags. Leave at the back of the church.

### THIS WEEK'S SERVICES

Saturday 22nd February 2025. <i>Vigil of Seventh Sunday in Ordinary Time (C).</i>	6.00pm.	MASS: Family & Friends Intentions. Eileen Morley.
Sunday 23rd February 2025. <i>The Seventh Sunday in Ordinary Time (C).</i>	8.30am.	MASS: Pauline Atwell Intentions. E Mullins.
Sunday 23rd February 2025.	10.30am.	MASS: James, Chris & Tim Freeney Intentions. Brendan Herlihy.
Monday 24th February 2025.	9.00am.	MASS: Martin Mullin Intentions. E Mullin.

Tuesday 25th February 2025.	9.00am.	MASS: Vikki & Julian Herreko Intentions. Hanna.
Wednesday 26th February 2025.	9.00am.	MASS: Patricia Newman RIP. Tara.
Friday 28th February 2025.	9.00am.	MASS: Pauline Olufunke Okoh Intentions. R Bababolo.
Saturday 1st March 2025. Feast of St David, Bp.	9.30am.	MASS: Terence & Tara Headley Intentions.
Saturday 1st March 2025.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 1st March 2025.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 1st March 2025.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 1st March 2025.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 1st March 2025.	2.00pm.	WEDDING: Mary Hunt and Lyndon Carter.
Saturday 1st March 2025. <i>Vigil of Eighth Sunday in Ordinary Time (C).</i>	6.00pm.	MASS: Theresa & Brian McCarron Intentions. Hanna.
Sunday 2nd March 2025. <i>The Eight Sunday in Ordinary Time (C).</i>	8.30am.	MASS: Jenny Cotter RIP. Cotter Family.
Sunday 2nd March 2025.	10.30am.	MASS: Christy Freyne Intentions. Tim.