

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

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FIRST SUNDAY IN LENT (B)

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

COVID 19 REGULATIONS: Tier 5 Regulations Update: Communal worship is a permitted event. The Church is open for the celebration of Mass and Private Prayer. Please follow the instructions of the Church Stewards and allow plenty of time before Mass starts to sanitize your hands and complete registration. Face Masks are mandatory. Attendance at Mass is restricted to 50 people.

OFFERTORY COLLECTION / DONATIONS

Offerings can be placed in one of the orange buckets, but I would request wherever possible, all offerings are made electronically by standing order or via the donation button on the website. This will reduce the level of risk to our collection counters and those who will need to visit the bank. The bank details are: **Bank Title: Catholic Church Clacton-on-**

Sea, Sort Code 401322, Account Number: 41020463. Members of the gift-aid scheme should quote their name and gift aid number in the Reference. Funds received last week:
Electronic Offerings £700.00 of which £425.00 was gift aided.

Collection Offerings £310.88 of which £15.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the parish. Fr Patrick.

MARK 1:12-15

This is the first Sunday of Lent. Lent is the name given to the forty-day period of prayer, fasting and charity between Ash Wednesday and Easter. The three devotions of prayer, fasting, and charity must be completed together. If we fast without prayer or charity, we end up being miserable. We fast to decrease the 'selfish me' within all of us. We pray to increase our love of God, and we give in charity to increase our love of our neighbour. In this way we open the door to allow the person of Jesus Christ to enter our hearts, souls, and minds. The Sundays in lent are not included within the forty-day period. We always celebrate the Resurrection of Jesus Christ every Sunday.

The original purpose of lent was to prepare the catechumens, those seeking to enter the Catholic Church, for their baptism at Easter. It was also to remind Christians of the need to mortify themselves, because to mortify oneself is to die to oneself, and a true follower of Christ must die to sin if they are to rise again as a new creation.

In the Gospel from Mark, 'the Spirit drove Jesus out into the wilderness for forty days.'

In Lent, we are invited through acts of prayer, fasting, and charity to join Jesus in the desert. As Jesus was tempted by Satan, we are also tempted by Satan to ignore the opportunities to develop our relationship with Jesus Christ, and to increase in holiness during this period. As we enter the desert of Lent, as the angels looked after Jesus, Jesus looks after us. He feeds and nourishes us with Himself, the Holy Eucharist: The Body and Blood of Our Lord Jesus Christ.

United with Jesus, we can proclaim the Good News from God. The Good News is that through our baptism, we are redeemed by the Cross of Jesus Christ, we are saved from sin and are granted eternal life. This is the New Covenant!

WEEKLY LENTEN REFLECTION: From Missio at
<https://www.youtube.com/c/MissioUK/videos>

FUNERALS: The following funerals are taking place this week:

Monday 22nd February – Rita Baldwin Dec'd

Friday 26th February – Serena Deady Dec'd

Please pray for the repose of their souls and for their families who are grieving at this time.

LENT FAST DAY: Friday 26th February is Family Lent Fast Day. There will be a second collection at all weekend Masses for CAFOD. Please fast and place the money saved in the collection for CAFOD.

STATIONS OF THE CROSS: Every Friday at 7.00 pm.

PRAY AS YOU GO: Join a Lent retreat over 7 sessions in collaboration with Sacred Space: <https://pray-as-you-go.org/article/growing-back-better-a-lent-retreat-2021>

ACCOMMODATION: A young Catholic man is looking to rent a room within the parish. Contact: christopherboland@gmail.com .

MARRIAGE AND FAMILY LIFE. Marriage is not just a relationship but a vocation and a means of holiness. Please pray for married couples, those preparing for marriage (especially those who have had to defer weddings), and those who have been widowed especially in the past year. In the run up to St Valentine's Day the Brentwood Marriage and Family Life Facebook page (BrentwoodMandFL) will include interviews with couples from around the Diocese. If you are experiencing difficulties in your marriage, or would like to deepen your understanding of this vocation and each other, a number of organisations are able to help remotely during the lockdown, such as Retrouvaille, Marriage Care and Smart Loving. Search for these organisations online. Retrouvaille is running its first virtual weekend for couples in difficulty this month, 25th - 28th February (0788 729 6983 / 0797 338 0443 / retrouvailleukinfo@gmail.com).

THE FOLLOWING MASSES WILL BE OPEN TO A MAXIMUM OF 50 PEOPLE IN THE CHURCH.

Saturday 20 th February	9.30 am.	MASS: Denis Casey Intentions Catherine O'Donovan
Saturday 20 th February	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 20 th February	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 20 th February Vigil Mass of the First Sunday of Lent (B)	6.00 pm.	MASS: Serena Deady RIP Theresa McCarron

Sunday 21 st February First Sunday of Lent (B)	8.30 am.	MASS: Brendon McEnhill RIP Joe & Mary Murray
Sunday 21 st February	10.30 am. FAMILY MASS	MASS: Paul Twyford & Family Intentions Parish
Monday 22 nd February Feast of the Chair of Peter	9.30 am.	MASS: Maria Alba Intentions L Hanna
Tuesday 23 rd February	9.30 am.	MASS: Tim O'Donovan RIP Eileen Morley
Friday 26 th February Lent Fast Day	9.30 am.	MASS: Sidney Jones RIP Eileen Morley
Friday 26 th February	1.00 pm. ATTENDANCE BY INVITATION ONLY.	FUNERAL MASS: Serena Deady Dec'd.
Friday 26 th February	7.00 pm.	STATIONS OF THE CROSS
Saturday 27 th February	9.30 am.	MASS: Catherine O'Donovan Intentions Cooper Family
Saturday 27 th February	11.00 am to 12.00 am.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy. Please tell the Steward that you wish to go to confession.
Saturday 27 th February	11.00 am to 1.00 pm.	Church is open for private prayer with Exposition of the Blessed Sacrament.
Saturday 27 th February Vigil Mass of the Second Sunday of Lent (B)	6.00 pm.	MASS: Matthew & Elaine Todd & Family Intentions Parish
Sunday 28 th February First Sunday of Lent (B)	8.30 am.	MASS: Derek Ward- Wilkinson Intentions Parish
Sunday 28 th February	10.30 am. FAMILY MASS	MASS: Louise Littlefield Thanksgiving Mary & Joe Powell