

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit
Sacred Place of Pilgrimage for the Jubilee Year 2025

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<i>Prayer to the Holy Spirit</i> <i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i>		<i>Daily Offering of myself to Jesus through Mary.</i> <i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i>
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FOURTH SUNDAY IN ORDINARY TIME (A)

SANCTUARY LAMP DEDICATIONS:

Commencing 1st February 2026

Our Lady of Light Chapel: Sera Deady RIP - Her Friends

Blessed Sacrament Chapel: Sera Deady RIP - Her Friends.

Commencing 8th February 2026

Our Lady of Light Chapel: Thanksgiving - Joy

Blessed Sacrament Chapel: Rose Twyford RIP - Paul Twyford

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself - simply send an email to

giftaid-clacton@brcdt.org

The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463. Funds received last week:

- Standing Order Offerings £173.00 of which £45.00 was gift aided.
- Cash Offerings £534.69 of which £98.70 was gift aided.
- Second Collection £394.60 of which 44.00 was gift aided.

Members of the gift-aid scheme should quote their name and Gift Aid number.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MATTHEW 5:1-12 In today's Gospel from MatIn today's Gospel, we are presented with the Beatitudes. They are nice words but what do they mean? The Beatitudes are at the heart of Jesus' preaching. Jesus gave us the new law 'to love one another as I have loved you'. The Beatitudes depict the countenance of Jesus Christ and His love. They express our Christian vocation; they give us the characteristics of the Christian life; they sustain us in times of difficulty, they proclaim the blessings of Christ, and the promises of the Kingdom of God. The Beatitudes reveal the goal of human existence; the ultimate end of human endeavour: to be called by God to His likeness and share in His own beatitude.

To see the Beatitudes is to see Christ. To live the Beatitudes is to enter into the very life of the Blessed Trinity. A community of pure love in the Father, the Son and the Holy Spirit. How do we obtain the graces necessary to live the Beatitudes? We attain these graces through prayer, through love shown to others in need, through reading Holy Scripture, through the reception of the Sacraments and most especially the Holy Eucharist – the Body and Blood of our Lord Jesus Christ. In receiving Christ in the Holy Eucharist, we become Christ to all we meet in our lives. We live the Beatitudes.

FUNERALS: The following funerals will be taking place in the church next week:

- Anne Hutchinson Dec'd: Monday 2nd February @ 12.00pm
- Anthony Kett Dec'd: Tuesday 3rd February @ 12.15pm.

Please pray for the repose of their souls and for their grieving families.

KNIGHTS OF ST COLUMBA: The next meeting commencing with the Holy Mass will be on Monday 9th February at 7.00pm at 1 Church Road. New enquirers welcome.

CANDLEMASS: The Presentation of the Lord, Monday 2nd February 2026. If you would like any candles blessed, bring them to the 9.00am MASS and place them in front of the Altar.

LOVE THE STRANGER: Presentation by Fr Saurin Hall at Clairmont Road, Lexdon, CO3 9BE. How faith helps us to respond to migrants and refugees. Grounded in Catholic teaching, exploring videos, Scripture, prayers, and thoughtful questions. Food, friendship and formation. 7pm to 8pm all welcome.

THIS WEEK'S SERVICES

Saturday 31st January 2026. <i>St John Bosco</i>	9.30am	MASS: Catherine Baudain Intentions (Birthday) Angela Cook.
Saturday 31st January 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 31st January 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 31st January 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 31st January 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 31st January 2026. <i>Vigil of the Fourth Sunday in Ordinary Time A.</i>	6.00pm.	MASS: Kathleen Kavanagh RIP. Margaret Kavenagh
Sunday 1st February 2026. <i>Fourth Sunday in Ordinary Time A.</i>	8.30am.	MASS: John & Mary Sullivan RIP. Fiona Smith.
Sunday 1st February 2026.	10.30am.	MASS: The Lee Family Intentions. Harry Killen.
Monday 2nd February 2026. <i>Presentation of the Lord</i>	9.00am.	MASS: Saji Family Intentions.
Monday 2nd February 2026.	12.00pm.	FUNERAL MASS: Anne Hutchinson Dec'd.
Tuesday 3rd February 2026. <i>St Anne Line,M</i>	9.00am.	MASS: Joseph RIP Theresa Joseph.
Tuesday 3rd February 2026.	12.15pm.	FUNERAL MASS: Anthony Kett Dec'd.

Wednesday 4th February 2026.	9.00am.	MASS: Dec'd members of O'Neil/Gallagher Families.
Thursday 5th February 2026. <i>St Agatha, V, M</i>	9.00am.	MASS: John & Maura Sheerin RIP
Friday 6th February 2026.	9.00am.	MASS: Patrick & Maureen McDermott Intentions.
Saturday 7th February 2026.	9.30am	MASS: Rev Alfred Swaby RIP.
Saturday 7th February 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 7th February 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 7th February 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 7th February 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 7th February 2026. <i>Vigil of the Fifth Sunday in Ordinary Time A.</i>	6.00pm.	MASS: Liz, Bryon & Charlotte Intentions. Lee Family.
Sunday 8th February 2026. <i>Fifth Sunday in Ordinary Time A.</i>	8.30am.	MASS: John Murray Intentions. Joan McCarthy.
Sunday 8th February 2026.	10.30am.	MASS: Serena Deady RIP. Kandiah & Deady Family.