

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit

Parish Priest: Fr Patrick Daly

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SVP contact number: 07799104874 Linda Swinbourne President

Come Holy Spirit, by means of the powerful intercession of the Immaculate Heart of Mary, Your well-beloved spouse. Amen.



Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body, all that I have or may have, to keep for Jesus, that I may be His for evermore. Amen.

FIRST SUNDAY IN ORDINARY TIME (B)

SANCTUARY LAMP DEDICATIONS: This week:

❖ *Our Lady of Light Chapel: Richard Ramkissoon RIP. (Tara)*

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself.

The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463.

Members of the gift-aid scheme should quote their name and Gift Aid number in the Reference. Funds received last week:

Standing Order Offerings £585.50 of which £542.50 was gift aided.

Collection Offerings: £472.64 of which £129.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MARK 1:29-39

This is the first Sunday of Lent. In the Gospel from Mark, 'the Spirit drove Jesus out into the wilderness for forty days. In Lent, we are invited through acts of prayer, fasting and charity to join Jesus in the desert. As Jesus was tempted by Satan, we are also tempted to ignore the opportunity of developing our relationship with Jesus Christ and to increase in holiness during this period. The Stations of the Cross will be held each Friday evening at 7.00 pm. There is Exposition of the Blessed Sacrament from 11.00 am to 1.00 pm each Saturday.

We pray to increase our love of God, and love of our neighbour. In this way we open the door to allow the person of Jesus Christ to enter our hearts, souls, and minds. As we enter the desert of Lent, as the angels looked after Jesus, Jesus looks after us. He feeds and nourishes us with Himself, the Holy Eucharist: The Body and Blood of Jesus Christ. United with Jesus, we can proclaim the Good News from God. The Good News is that through our baptism, we are redeemed by the Cross of Jesus Christ, we are saved from sin and are granted eternal life.

LOURDES SICK & HELPERS PILGRIMAGE FUND: There will be a second collection at all Masses this weekend.

PARISH VISION IMPLEMENTATION GROUP: Bishop Alan has requested that all parishes establish a new team. The members of the group for our parish are Paul Twyford, Julia Clarke, Sarah Cooper, and Denis Cogan. The first meeting took place on 4th February 2024. We are instructed to discuss and plan for the implementation of the Parish Vision in coordination with the other parishes in the Deanery. I would like to thank the members of the Group for their time and commitment. We will keep you informed of our progress. Fr Patrick.

ST PATRICK'S NIGHT PARISH DANCE: Saturday 23rd March 2024 in the Parish Hall. Great entertainment, Ceili Dancing with live music and DJ. By ticket only. £10.00 per head from Eugene Mullin and Pat Murray.

MONTHLY VOCATION DISCERNMENT GROUP: If you would like to find out more about a possible vocation to the priesthood, there will be a talk, time of prayer and some food

at Brentwood Cathedral commencing Tuesday 5th March 2024. For further information contact Fr Mark Swires vocprom@dioceseofbrentwood.org.

WORLD DAY OF PRAYER: There will be prayer and refreshments at the Salvation Army, 103 Old Road, Clacton on Sea at 1.00 pm on Friday 1st March 2024. All welcome.

DIOCESAN PILGRIMAGE TO WALSINGHAM: Please make a note in your diary for Saturday 25th May 2024. Bishop Alan and other parishes of the Diocese. A coach will be booked for the Parish. Further details to follow.

DIOCESE PILGRIMAGE TO LOURDES: Join Bishop Alan on the Diocesan Pilgrimage to Lourdes from Friday 19th to Friday 26th July 2024. To book, please go online: Brentwood Lourdes – Lourdes – Tangney Tours (tangney-tours.com). For further information email kathrynyoung@mail.com

THIS WEEK'S SERVICES

Saturday 17 th February 2024.	9.30 am.	MASS: Margaret O'Brien & Family Intentions. Lindsey.
Saturday 17 th February 2024.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION
Saturday 17 th February 2024.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 17 th February 2024.	11.00 am.	DIVINE MERCY CHAPLET.
Saturday 17 th February 2024.	12.00 pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 17 th February 2024. <i>Vigil of the First Sunday in Lent (B).</i>	6.00 pm.	MASS: Holy Souls.
Sunday 18 th February 2024. <i>The First Sunday in Lent (B).</i>	8.30 am.	MASS: Somia Damien Intentions. Lizy Damien.
Sunday 18 th February 2024.	10.30 am.	MASS: Tina Killen RIP Harry
Monday 19 th February 2024.	9.00 am.	MASS: John & Jenny Mullins Intentions. Eugene Mullin.
Friday 23 rd February 2024.	7.00 pm.	STATIONS OF THE CROSS.

Saturday 24 th February 2024.	9.30 am.	MASS: Linda Swinbourne & Family. Lindsey.
Saturday 24 th February 2024.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION
Saturday 24 th February 2024.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 24 th February 2024.	11.00 am.	DIVINE MERCY CHAPLET.
Saturday 24 th February 2024.	12.00 pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 24 th February 2024. <i>Vigil of the Second Sunday in Lent (B).</i>	6.00 pm.	MASS: George & Jackie Bottrill RIP. Andrews Family.
Sunday 25 th February 2024. <i>The Second Sunday in Lent (B).</i>	8.30 am.	MASS: Maggi Van Sertima Intentions. Kathleen.
Sunday 25 th February 2024.	10.30 am.	MASS: Mrs Pauline Atwell Intentions. Eugene Mullin.