

Our Lady of Light & Saint Osyth
National Shrine of Our Lady of Light, Spouse of the Holy Spirit
Sacred Place of Pilgrimage for the Jubilee Year 2025

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<i>Prayer to the Holy Spirit</i> <i>Come Holy Spirit, by the means of the powerful intercession of the Immaculate Heart of Mary, your well beloved Spouse. Amen.</i>		<i>Daily Offering of myself to Jesus through Mary.</i> <i>Our Lady of Light, Spouse of the Holy Spirit, I give thee my whole self, soul and body. All that I have or may have to keep for Jesus, that I may be His for evermore. Amen.</i>
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SIXTH SUNDAY IN ORDINARY TIME (A)

World Day for the Sick

SANCTUARY LAMP DEDICATIONS:

Commencing 15th February 2026

Our Lady of Light Chapel: Trevor Clarke RIP - Julia

Commencing 22nd February 2026

Our Lady of Light Chapel: Joe Byrne RIP - Theresa & Family

Blessed Sacrament Chapel: Joe Byrne RIP - Theresa & Family.

OFFERTORY COLLECTION / DONATIONS: Please make your weekly offerings by standing order. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself - simply send an email to

giftaid-clacton@brcdt.org

The parish bank details are:

Bank Title: Catholic Church Clacton-on-Sea

Sort Code 401322 Account Number: 41020463. Funds received last week:

- Standing Order Offerings £1520.50 of which £343.00 was gift aided.
- Cash Offerings £513.97 of which £87.00 was gift aided.

Members of the gift-aid scheme should quote their name and Gift Aid number.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

MATTHEW 5:13-16

In the Gospel from Matthew, Jesus tells us, "If your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven". The scribes and Pharisees believed that you could only be reconciled to God through the adherence to external rules and regulations, but their hearts were cold. They were unable to let the love of God enter their hearts through His Son, Our Lord Jesus Christ. Jesus reminds His disciples and us that He did not come into the world to abolish the Law or the Prophets. He came into the world not to abolish but to complete them.

Jesus Christ is the fulfilment of the Prophets and the Law. He sets us a much higher standard than the Law. He demands that 'we love one another as I have loved you'.

Jesus tells us that if something is causing us to sin: pornography, the internet, bad company, alcohol, drugs, violence on TV – we need to remove it from our lives. If we do not remove it from our lives, it will harm and destroy our relationship with God. It could even cost us our eternal life with God.

We are all sinners and in need of God's love and mercy. We need the necessary graces to love others as Jesus loves us. We need the support of our community; we need the blessings of Grace received through the Catholic Church. This is why we gather as a community on Sunday to celebrate the Holy Mass. At the Mass, we are fed with the Word of God, and we are fed with the Holy Eucharist – the Body and Blood of Our Lord Jesus Christ. At the Mass, we are affirmed in our faith.

ASH WEDNESDAY 18th February: Masses at 9.00am and 7.00pm.

RITE OF ACCEPTANCE: Twelve Candidates and Catechumens will be travelling to meet Bishop Alan on Sunday 22nd February 2026, in preparation for their reception into the Roman Catholic Church at the Easter Vigil. Please keep them in your prayers.

STATIONS OF THE CROSS: There will be Stations of the Cross each Friday evening in Lent commencing with Friday 20th February 2026 at 7.00pm. It is important that children experience this great Catholic tradition.

LOURDES FUND APPEAL: There will be a second collection at all Masses next weekend for the Diocesan Lourdes Fund. These funds support the sick on pilgrimage to Lourdes.

LOURDES WITH OUR DIOCESE: Join Bishop Alan and pilgrims from across our diocese in Lourdes this summer: Friday 17th - Friday 24th July 2026.

Bookings will open shortly at <https://www.tangney-tours.com/brentwood>

BCYS - Summer Lourdes Pilgrimage (18-25 Jul 2026)

Applications are open online for this years' Lourdes pilgrimage for those in year 10 and above. You can find all information and the link to apply at www.bcys.net/events/sl26. As always, there is funding available for which we can provide advice and support. Please contact BCYS.

THIS WEEK'S SERVICES

Saturday 14th February 2026. <i>St Cyril, M & St Methodius, B</i>	9.30am	MASS: Kitty Casey & Family. Catherine.
Saturday 14th February 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 14th February 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 14th February 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 14th February 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 14th February 2026. <i>Vigil of the Sixth Sunday in Ordinary Time A.</i>	6.00pm.	MASS: Angela Cook & Family Intentions.
Sunday 15th February 2026. <i>Sixth Sunday in Ordinary Time A.</i>	8.30am.	MASS: Lizy Damien & Family Intentions. Lizy Damien.
Sunday 15th February 2026.	10.30am.	MASS: St Martin De Porrest of Lima. Emmanuel Ogbua.
Monday 16th February 2026.	9.00am.	MASS: Sajin Family Intentions.
Tuesday 17th February 2026.	9.00am.	MASS: Lorraine & Croia McDermott Intentions. Christina & Seamus.

Wednesday 18th February 2026. <i>Ash Wednesday</i>	9.00am.	MASS: Siobhan, Shane, Esmae, Fiadh Comerford Intentions. Christine & Seamus.
Wednesday 18th February 2026.	7.00pm.	MASS: Julie Lee & Emma Goodson Intentions. Catherine.
Thursday 19th February 2026.	9.00am.	MASS: Reynaldo Tadea Intentions. Felisa Tuason.
Friday 20th February 2026.	9.00am.	MASS: Caroline Daly Intentions. Tim.
Friday 20th February 2026.	7.00pm.	STATIONS OF THE CROSS.
Saturday 21st February 2026.	9.30am	MASS: Ana, William & James Martin Intentions. Lynne.
Saturday 21st February 2026.	11.00am to 1.00pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 21st February 2026.	11.00am.	DIVINE MERCY CHAPLET.
Saturday 21st February 2026.	11.00am to 12.00pm.	SACRAMENT OF RECONCILIATION.
Saturday 21st February 2026.	12.00pm.	THE ANGELUS AND THE HOLY ROSARY.
Saturday 21st February 2026. <i>Vigil of the First Sunday in Lent A.</i>	6.00pm.	MASS: Sarah, Tim, Grace, Larry & Elizabeth Cooper Intentions.
Sunday 22nd February 2026. <i>The First Sunday in Lent A.</i>	8.30am.	MASS: Thanksgiving. Daison & Family
Sunday 22nd February 2026.	10.30am.	MASS: Sajin Family Intentions.