

**Our Lady of Light & Saint Osyth**  
***National Shrine of Our Lady of Light, Spouse of the Holy Spirit***

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***THE BODY AND BLOOD OF CHRIST (A)***

*Come Holy  
Spirit, by  
means of the  
powerful  
intercession  
of the  
Immaculate  
Heart of  
Mary, Your  
well-beloved  
spouse.  
Amen.*



*Our Lady of  
Light, Spouse  
of the Holy  
Spirit, I give  
thee my  
whole self,  
soul and  
body, all that I  
have or may  
have, to keep  
for Jesus, that  
I may be His  
for evermore.  
Amen.*

**SANCTUARY LAMP DEDICATIONS:** For the week commencing 4<sup>th</sup> June 2023

- ❖ Blessed Sacrament Chapel: *Molly Killen RIP*
- ❖ Our Lady of Light Chapel: *Philip Killen RIP*

**OFFERTORY COLLECTION / DONATIONS:** **Please make your weekly offerings by standing order.** This greatly helps the parish finances. If you are a taxpayer, you can Gift Aid the amount without any cost to yourself. The parish bank details are:

**Bank Title: Catholic Church Clacton-on-Sea**

**Sort Code 401322 Account Number: 41020463.**

Members of the gift-aid scheme should quote their name and Gift Aid number in the Reference. Funds received last week:

Electronic Offerings £1473.00 of which £1237.00 was gift aided.

Collection Offerings £545.92 of which £37.00 was gift aided.

Thank you for your generosity, for Gift Aiding your offerings, and for your support of the Parish. Fr Patrick.

John 6:51-58

Today we celebrate the Solemnity of the Body and Blood of Christ or Corpus Christi. We celebrate the Holy Eucharist: Christ made present in the Holy Mass and reserved in the church tabernacle. Vatican II declared that the Eucharist is “the source and summit of the Christian life”. All the sacraments make possible a contact with the Risen Christ. However, in the Holy Eucharist we actually behold the bodily and spiritual presence of Christ Himself. The Holy Eucharist is truly, really, and substantially the Body and Blood of Our Lord Jesus Christ.

In the Gospel from John, Jesus tells us: ‘Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day’. ‘He who eats my flesh and drinks my blood live in me and I live in him’. The Jews believed that blood was the symbol of life and therefore belonged to God alone. They insisted that all meat had to be drained of blood before eating. When we drink the blood of Christ, we drink the life of Christ; we enter into a vibrant and vivid union with Jesus Christ in the Holy Eucharist. It is Jesus, Himself, who on the last day will raise up those who have believed in Him, who have eaten His body and drunk His blood. Each time we receive Holy Communion, we are drawn nearer to Christ and enter into a deeper friendship with Him. Christ incrementally transforms us into the people that God wishes us to be both in this life and for all eternity.

BISHOP ALAN WOULD LOVE TO HEAR FROM YOU: Do you, or someone you know, no longer go to Mass, or no longer feel that you belong in the Church? Bishop Alan would love to hear your story and listen to your experience. Go to [https://cambridge.eu.qualtrics.com/jfe/form/SV\\_9Gn08WXvvKfwJts](https://cambridge.eu.qualtrics.com/jfe/form/SV_9Gn08WXvvKfwJts)

END OF YEAR GIFT AID STATEMENTS: The statements have been sent out by email this year. Please contact by email [giftaid-clacton@brcdt.org](mailto:giftaid-clacton@brcdt.org), if you have not received your statement.

EXPOSITION OF THE BLESSED SACRAMENT: If we really love somebody, we try to do things to please them. You cannot do more to please Our Lord Jesus Christ than to

choose to spend 10 minutes in adoration of the Blessed Sacrament. On behalf of Jesus, I invite you to call into the church between 11.00 am and 1.00 pm on Saturday to spend some time with Our Lord. He will shower you with many blessings.

**FIRST HOLY COMMUNION CHILDREN:** All the First Holy Communion children are invited to attend the 10.30 am Sunday Mass in their First Holy Communion clothes to lead the Corpus Christi procession at the end of Mass.

**THE UNIVERSE CATHOLIC NEWSPAPER:** Is now available in print and is delivered directly to your home. Go to [www.universecatholicweekly.co.uk](http://www.universecatholicweekly.co.uk) for subscriptions.

**FR PATRICK:** Will be away from the Parish from Monday 12<sup>th</sup> June 2023 until Friday 23<sup>rd</sup> June 2023. Fr Gerald Gostling will be providing cover in his absence.

**YOUNG PERSONS' SUMMER PARTY:** St Charles Parish Hall - Friday 7<sup>th</sup> July 2023 4.30 pm to 7.30 pm. For 7 to 18 years old (any younger must be accompanied by an adult). Calling all the youngsters to come and have some fun. You can also find out more about our Young Persons Choir and altar service. There will be lots of games or you can just relax and eat the party food. Parents can stay and have a cup of tea. Please complete the form at the back of the church with the following details: child's name and parent/guardian's name with contact telephone number.

**THANK YOU:** To the parishioners who joined the working party last weekend to clear the contents of No 3 Church Road. Fr Patrick.

**BRENTWOOD CATHOLIC YOUTH SERVICE:** See [www.bcys.net/events](http://www.bcys.net/events) for latest events.

**THIS WEEK'S SERVICES.**

Saturday 10 <sup>th</sup> June 2023.	9.30 am.	MASS: Lisa Presley RIP Andrews Family.
Saturday 10 <sup>th</sup> June 2023.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy.
Saturday 10 <sup>th</sup> June 2023.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 10 <sup>th</sup> June 2023.	11.00 am.	DIVINE MERCY CHAPLET.

Saturday 10 <sup>th</sup> June 2023.	12.00 pm.	THE HOLY ROSARY.
Saturday 10 <sup>th</sup> June 2023. <i>Vigil of the Solemnity of The Body &amp; Blood of Christ A.</i>	6.00 pm.	MASS: Rose Maher RIP Cooper Family.
Sunday 11 <sup>th</sup> June 2023. <i>Solemnity of The Body &amp; Blood of Christ A.</i>	8.30 am.	MASS: Cassie, Carley & Family Intentions.
Sunday 11 <sup>th</sup> June 2023.	10.30 am.	MASS: Emmanuel Babalola Intentions. Ruphina.
Saturday 17 <sup>th</sup> June 2023. <i>Memorial of The Immaculate Heart of Mary.</i>	9.30 am.	MASS: Tom McMenamin RIP Veronica Chambers.
Saturday 17 <sup>th</sup> June 2023.	11.00 am to 12.00 pm.	SACRAMENT OF RECONCILIATION: Confessions will be heard in the Sacristy.
Saturday 17 <sup>th</sup> June 2023.	11.00 am to 1.00 pm.	EXPOSITION OF THE BLESSED SACRAMENT.
Saturday 17 <sup>th</sup> June 2023.	11.00 am.	DIVINE MERCY CHAPLET.
Saturday 17 <sup>th</sup> June 2023.	12.00 pm.	THE HOLY ROSARY.
Saturday 17 <sup>th</sup> June 2023. <i>Vigil of the Eleventh Sunday in Ordinary Time A.</i>	6.00 pm.	MASS: Johnathan Kewley Intentions. Angela Cook.
Sunday 18 <sup>th</sup> June 2023. <i>Eleventh Sunday in Ordinary Time A.</i>	8.30 am.	MASS: Hayter & Conway- Harris Families RIP. Deirdre.
Sunday 18 <sup>th</sup> June 2023.	10.30 am.	MASS: Emmanuel Bababola Intentions. Ruphina.