

# Our Lady of Light & Saint Osyth

## FATIMA PRAYERS & MESSAGES

Say the Rosary every day,  
to bring peace to the world.

+++

O my Jesus, forgive us our sins,  
save us from the fires of hell. Lead all  
souls to heaven, especially those who  
have most need of Thy mercy.

+++

*[Make sacrifices for sinners,  
and say often, especially  
while making a sacrifice:]*

O Jesus, this is for love of Thee,  
for the conversion of sinners,  
and in reparation  
for offences committed against  
the Immaculate Heart of Mary.



Most Holy Trinity,  
Father, Son and Holy Spirit,  
I adore You profoundly,  
and I offer You the Most Precious  
Body, Blood, Soul and Divinity  
of Jesus Christ, present in all the  
tabernacles of the world,  
in reparation for the outrages,  
sacrileges and indifferences  
by which He is offended.  
And by the infinite merits of His  
most Sacred Heart and the  
Immaculate Heart of Mary,  
I beg the conversion  
of poor sinners.

+++

## National Shrine of Our Lady of Light, Spouse of the Holy Spirit

Parish Priest: Canon Peter Connor OFS

Parish Priest Email: [ClactonCatholicChurch@gmail.com](mailto:ClactonCatholicChurch@gmail.com)

Steward of the Gospel: Paul Twyford ~ email: [paultwyford@btinternet.com](mailto:paultwyford@btinternet.com)

Parish website: [www.ourladyoflight.uk](http://www.ourladyoflight.uk) ~ Diocesan website: [www.dioceseofbrentwood.net](http://www.dioceseofbrentwood.net)

1 Church Road, Clacton-on-Sea, CO15 6AG, Tel: 01255 423319, Office email: [clacton@dioceseofbrentwood.org](mailto:clacton@dioceseofbrentwood.org)

## FOURTH SUNDAY ~ 12<sup>TH</sup> MAY, 2019

### Canon Peter Writes ...

Two years before Saint Francis of Assisi died he wrote a hymn/poem which shows how clearly he saw the reality of life, how much he loved God and how thankful he was to the Almighty for all the wonders and beauties of creation He has given to us. This hymn/poem is called the Canticle of the Sun, or the Canticle of the Creatures. It was written in 1224AD and is quite remarkable when we reflect on the sentiments expressed in the song and then realise the conditions under which it was written.

At this time in his life Saint Francis was virtually blind, very weak after practising sever penances for many years and was now suffering from the pains of the Stigmata; these were the wounds of Christ's Crucifixion which had appeared in the hands, feet and the side of Francis. He now had to be carried everywhere and was sheltering in the place where Saint Clare, his great friend, resided, the Convent of San Damiano just outside the walls of Assisi. Clare and her community had built a small hut in the grounds of the convent for Francis to live in but unbeknown to them the hut had become infested with mice who were continually running all over Saint Francis. Not a very nice place to live in at the best of times but especially so if you were as ill as Francis was!

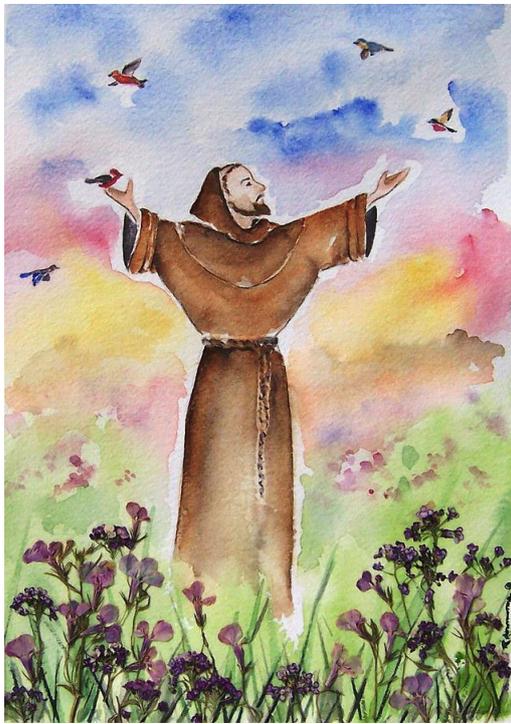
But, what are the opening words of the Canticle? "Most High, all-powerful, good Lord, Yours are the praises, the glory, the honour, and all blessing. To You alone, Most High, do they belong, and no man is worthy to mention Your name. Praised be You, my Lord, with all Your creatures."

Suffering did not make Saint Francis bitter or resentful against God because he knew Jesus Christ, the Son of God, had also suffered, for him.

After praising God and His generosity in giving us the whole of creation, Saint Francis then lists them and their qualities, and out of respect for God's gifts he refers to them as "brother", "sister", or "mother"; he sees all creation as good

**St Francis was not a medieval theologian, but a wisdom figure, a teacher of wisdom who used sayings, stories, and rituals to show us how we can allow God to transform our lives. In this, as in everything else, he was following in the footsteps of Jesus, who is the mystery of the fulness of God among us.**

~ Fr Murray Bodo OFM ~



and therefore on our side because it comes from the hand of God, and so he writes, "Praised be You, my Lord, with all Your creatures, especially Sir Brother Sun, who is the day and through whom You give us light. And he is beautiful and radiant with great splendour; and bears a likeness of You, Most High One."

Saint Francis, although he was virtually blind when he composed this song, had that wonderful clarity of vision which enabled him to see the "fingerprints" of God on every piece of creation whether it was animal, vegetable or mineral, animate or inanimate: he bore witness to what Saint Paul tells us in his letter to the Romans, "Ever since God created the world His everlasting power and deity, however invisible, have been there for the mind to see in the things He has made" (1:20).

**My Jesus,  
pardon and mercy  
through the merits of  
Your Sacred Wounds.**

Scientists are able to tell us that the diameter of the sun is 1,391,000 kilometres, about 109 times bigger than the earth, it weighs 333,000 times more than the earth and our planet could fit into the sun 1,300,000 times! The Sun, made by God, is a big star that gives us light and heat, just as God gives us truth and love, when He, who is Truth and Love, makes Himself so small as to fit into a Host, which in Holy Communion we can then receive into our tiny hearts.

Saint Francis continues, "Praised be You, my Lord, through Sister Moon and the stars, in heaven You formed them clear and precious and beautiful." Saint Francis acknowledges and thanks God for making and giving

us the wonders and beauty of His Creation; even the Moon and the far distant stars.

Men have now walked on the Moon and brought back samples of rock; we have landed probes on Mars, have taken close-up photographs of other planets and have, through telescopic images, analysed the consistency of some of the far distant stars. But, even though we have so much scientific data available to us, when looking up into a clear night sky and seeing the Moon shining, the planets and stars twinkling, it is difficult for us not to be moved by the grandeur and vastness of Space, difficult also for us not to see there a glimpse of God's unlimited power.

*To be continued.*

Saturday, 11 <sup>th</sup> May <i>Bl John Rochester</i>	9.00am 9.45am 10.10am-10.40am <b>11.00am</b> <b>1.30pm</b>	First Holy Communion Session beginning in the church Rosary, Adoration of the Blessed Sacrament & Midday Prayer CONFESSIONS <b>Mass ~ Anna Stuart &amp; Family Intentions (T &amp; C)</b> <b>Mass in Malayalam</b> preceded by the Rosary
	4.00pm-4.40pm <b>5.00pm</b>	CONFESSIONS & Adoration of the Blessed Sacrament <b>Vigil Mass ~ Ronald Silberbach RIP (Susan Griffiths)</b>
Sunday, 12 <sup>th</sup> May <i>Fourth Sunday of Easter ~ Year C</i> <i>World Day of Prayer for Vocations</i>	<b>8.30am</b> <b>10.30am</b>	<b>Mass ~ Peter Scully RIP (Pat Stuart) &amp; All Parishioners</b> <b>Mass ~ Tony Lance RIP (Shirley O'Keeffe)</b>
Monday, 13 <sup>th</sup> May <i>St Erconwald</i>	9.45am <b>11.00am</b>	Novena to Our Lady, Adoration of the Blessed Sacrament & Midday Prayer <b>Mass ~ Anna Stuart &amp; Family Intentions (T &amp; C)</b>
Tuesday, 14 <sup>th</sup> May <i>St Matthias</i>	9.45am <b>11.00am</b>	Rosary, Adoration of the Blessed Sacrament & Midday Prayer <b>Mass ~ Barbara Ayton RIP (Ann Ayton)</b>
<i>Catholic Deaf Awareness Week 15<sup>th</sup>-21<sup>st</sup> May</i>		
Wednesday, 15 <sup>th</sup> May	<i>No Mass or Exposition</i>	
Thursday, 16 <sup>th</sup> May		
Friday, 17 <sup>th</sup> May	9.45am <b>11.00am</b>	Rosary, Adoration of the Blessed Sacrament, Divine Mercy Chaplet & Midday Prayer <b>Mass ~ Fr Jim McCormack RIP (Doreen Lane)</b>
Saturday, 18 <sup>th</sup> May <i>St John I</i>	9.45am-10.40am 9.45am <b>11.00am</b>	CONFESSIONS Rosary, Adoration of the Blessed Sacrament & Midday Prayer <b>Mass ~ Holy Souls (D Killen)</b>
	4.00pm-4.40pm <b>5.00pm</b>	CONFESSIONS & Adoration of the Blessed Sacrament <b>Vigil Mass ~ Johanna Cox RIP (Doreen Lane)</b>
Sunday, 19 <sup>th</sup> May <i>Fifth Sunday of Easter ~ Year C</i>	<b>8.30am</b> <b>10.30am</b> <b>1.00pm</b>	<b>Mass ~ Brian Patrick Dargan RIP (J Dargan)</b> <b>Mass ~ Louise Little (Kathleen &amp; Ron)</b> <b>First Holy Communion Mass ~ All Parishioners</b>

TEA AND COFFEE are available after the Sunday morning Masses. Everyone is welcome.

PLEASE PRAY FOR THE REPOSE OF THE SOULS OF GINSTA RENE MARSH, THERESA FOXON AND CATHERINE O'HARA who were called Home by Almighty God recently. Remember their families, too, in your prayers.

SECOND COLLECTION FOR PROMOTION OF VOCATIONS will be taken this weekend. Please give generously.

APPEAL Next weekend Sister Rosalinda Maog from the MEDICAL MISSION SISTERS will be making an Appeal on behalf of the various Catholic Missionary Societies based in our Country. Please be as generous as you can.

PILGRIMAGE TO WALSINGHAM SATURDAY, 25<sup>TH</sup> MAY NB For all those who have booked seats on the Parish Coach to Walsingham, the coach will leave from the church car park at 8.00am SHARP: given the length of journey, we cannot afford any delay. You will need to bring clothes suitable for all weather conditions, plus, umbrellas, a rosary, something to sit on in the Abbey grounds, ie, a blanket or a light-weight camping seat, and a packed lunch. We are hoping to arrive at the Slipper Chapel Shrine at 10.45am; we depart from the Village of Walsingham at 4.00pm, arriving back in Clacton at approximately 6.30pm. Part of the Pilgrimage involves walking, with our Bishop, the 'Holy Mile' to the Abbey grounds, so if you need transport for this walk you will need to contact Paul Twyford **asap**. Once we have left the coach at the Slipper Chapel it will make its way to the Village, so whatever we need for the day must be removed from it. There are still a handful of parishioners who have yet to pay for their seats.

PARISH LOTTERY April 20/21: Bonus Ball No 42. No winners.

27/28 April: Bonus Ball No 9. Winner: Betty Austin.

COME THIS SUMMER ON BRENTWOOD DIOCESE'S PILGRIMAGE TO LOURDES WITH BISHOP ALAN

from Sunday 21-Friday 26 July. For further information, please phone Tangey Tours on 01732 886 666. Please note that we shall be flying from Southend Airport. We are able to support those with medical needs.

\*\*\*\*\*

## REGINA CAELI

∇ Queen of heaven, rejoice, alleluia!

℟ For He Whom you were worthy to bear, alleluia!

∇ Has risen as He said, alleluia!

℟ Pray for us to God, alleluia!

∇ Rejoice and be glad, O Virgin Mary, alleluia!

℟ For the Lord has truly risen, alleluia!

*Let us pray:*

O God, Who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant, we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord, Amen.



\*\*\*\*\*

## LOVE OF LITURGY

Every Christian should feel liturgy awaken and command asceticism. Asceticism, essential to the Christian life, is also essential for understanding liturgy and theology.

In church I am truly as if in heaven upon earth; here I see the images of the Lord, of the Most Pure Mother of God, of the holy Angels; here is God's throne, here is the life-giving Cross, here is the eternal Gospel, that word of God, by which all things were created; here are the images of the Saints; I feel myself in the visible presence of God, of His Mother, of the heavenly powers, and of all the Saints. This is truly heaven on earth: here I know that I am, and feel myself indeed a member of Christ's Church, especially during the celebration of the most heavenly Liturgy, and the Communion of the Holy Mysteries of the Body and Blood of Christ.

O, how I ought to live, think, feel, speak, in order to worthily be in this heaven on earth! I ought to live worthily of the high calling to which I am called by the grace of the much-endowing God. How I ought to live, in what meekness, humility, purity, abstinence, in order to worthily name my Lady, the Most Pure Mother of God, my Master, the Lord of Glory. Lord, make me worthy of the Christian calling, but I find no power in myself to attain this; sin unceasingly tempts and wars against my soul.

~ St John of Kronstadt

\*\*\*\*\*

*Useful Local Contacts:* SVP telephone 07955203405 **HALL BOOKINGS** 01255 688213/SaintCharlesHall@gmail.com

St Clare's Catholic Primary School Cloes Lane, Clacton CO16 8AG, 01255 425344, www.st-clares.essex.sch.uk

St Benedict's Catholic College Norman Way, Colchester CO3 3US, 01206 549222, www.stbenedicts.essex.sch.uk

Diocesan registered charity number 234092. For private circulation only.