

Our Lady of Light & Saint Osyth

“Union with Christ is also union with all those to whom He gives Himself. I cannot possess Christ just for myself; I can belong to Him only in union with all those who have become, or who will become, His own. Communion draws me out of myself towards Him, and thus also towards unity with all Christians. We become ‘one body’, completely joined in a single existence.”

~ Pope Benedict XVI ~



“One should always endure any trial for the sake of God with gratitude. Our life is a single minute in comparison with eternity; and therefore, according to the Apostle, the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us (Romans 8:18).” ~ St. Seraphim of Sarov



“The evil spirits are always wanting to interfere with whatever we are doing for our salvation. Alas, we who are lukewarm usually say to ourselves, ‘Wait, I have not yet done this, I have not yet tried that ... I will repent later. After I have done all these things I will repent, God, and I will walk the straight path, wandering neither to the right nor to the left.’ This is exactly what the spirits of evil want us to do; they want us to put off our salvation until tomorrow, or the day after, and so on and so forth, until the end of our life. But the Holy Fathers say, ‘Go with the Lord, go today, follow Him!’”

~ Elder Thaddeus ~



“Lord Jesus Christ, Son of the Living God, have mercy on me a sinner.” ~ The Jesus Prayer

National Shrine of Our Lady of Light, Spouse of the Holy Spirit

Parish Priest: Canon Peter Connor OFS

Parish Priest Email: ClactonCatholicChurch@gmail.com

Parish website: www.ourladyoflight.uk ~ Diocesan website: www.dioceseofbrentwood.net

1 Church Road, Clacton-on-Sea, CO15 6AG, Tel: 01255 423319, Office email: clacton@dioceseofbrentwood.org

TWENTY-FOURTH SUNDAY ~ 16TH SEPTEMBER, 2018

Canon Peter Writes...

Continuing the words of Pope Francis given at Saint Mary's Pro-Cathedral, Dublin, last month on the occasion of his attending the IX World Meeting of Families. “How can parents pass the faith on to their children? The first and most important place for passing on the faith is the home. It is in the home that we learn to believe, through the quiet daily example of parents who love our Lord and trust in His word. There, in the home, which we can call the ‘domestic church’, children learn the meaning of fidelity, integrity and sacrifice. They see how their mother and father interact with each other, how they care for each other and for others, how they love God and love the Church. In this way, children can breathe in the fresh air of the Gospel and learn to understand, judge and act in a manner worthy of the legacy of faith they have received. The faith is passed on ‘around the family table’, at home in ordinary conversation, in the language that persevering love alone knows how to speak.

“It is more difficult to receive the faith, it can be done, but it is more difficult, if it has not been received in your native language, at home, in everyday speech. I am tempted to mention an experience I had as a child. I remember once, I was about five years old, I came home and there, in the dining room, I saw my mother and my father, who had come home from work just before me, kissing. I will never forget it! How beautiful! Though weary from work, he had the strength to express his love for his wife. May your children see you do the same, caressing one another, kissing one another, embracing one another. This is magnificent, because that is how they learn the everyday speech of love, and faith. So it is important to pray together as a family; speak of good and holy things, and let our Mother Mary into your life and the life of your family. Celebrate the feasts of the Christian people; let your children see what it is to celebrate a family feast.

“Live in deep solidarity with those who suffer and are at the edges of society, and let your children learn to do the same. I knew a lady who had three children, about seven, five and three years of age. The couple

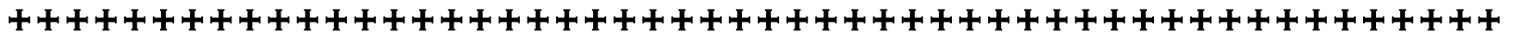


had a good marriage, they had great faith and they taught their children to help the poor, because they themselves used to help them. Once while they were at lunch, the mother and three children, their father was at work, there was a knock on the door and the oldest one went to answer it. He came back and said: 'Mom, there is a poor person who is asking for something to eat'. They were eating breaded beef, which is very tasty! and the mother asked the children: 'What should we do?' All three replied: 'Mum, give him something!' There were a few slices of beef left over, but the mother took a knife and started to take half of everyone's steak. The children protested: 'No, Mum, give him one of those, not ours!' The mother replied: 'No, you give the poor from what you have, not from what is left over!' That is how that faith-filled woman taught her children to give of their own to the poor. All these things can be done at home, when there is love, when there is faith, when everyone speaks the 'everyday speech' of faith.

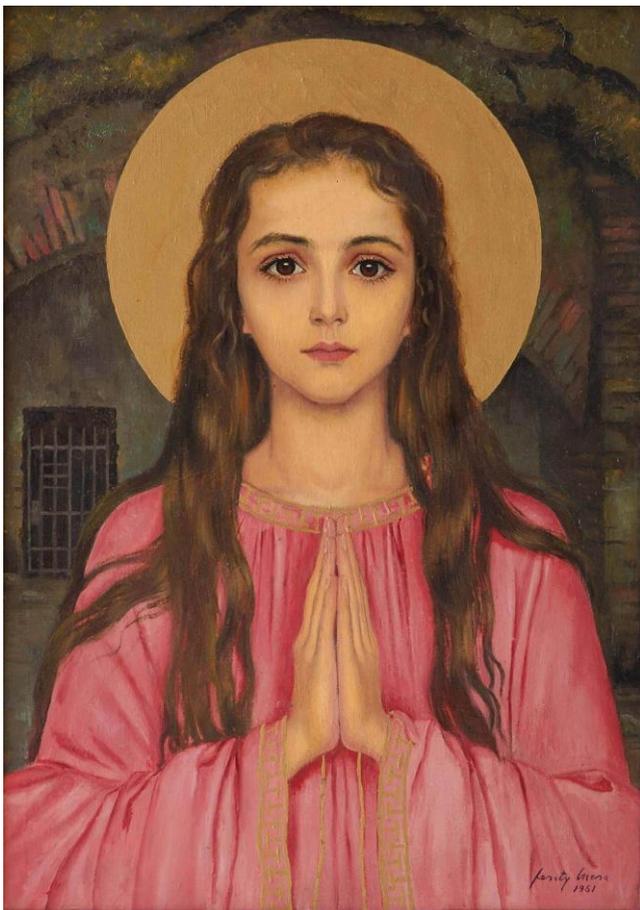
"When you are praying alone, and your spirit is dejected, and you are wearied and oppressed by your loneliness, remember then, as always, that God the Trinity looks upon you with eyes brighter than the sun; also all the angels, your own Guardian Angel, and all the Saints of God. Truly they do; for they are all one in God, and where God is, there are they also. Where the sun is, thither also are directed all its rays. Try to understand what this means."
 ~ St. John of Kronstadt ~

"In a word, your children will learn from you how to live a Christian life; you will be their first teachers in the faith, handing on the faith. The virtues and truths the Lord teaches us are not necessarily popular in today's world, sometimes the Lord asks things that are not popular. Today's world has little use for the weak, the vulnerable and all those it deems 'unproductive'. The world tells us to be strong and independent, with little care for those who are alone or sad, rejected or sick, not yet born or dying. Our world needs a revolution of love! The tumult of our times is really one of selfishness, of personal interests. Let that revolution begin with you and your families! By your example, may your children be guided to become a kinder, more loving, more faith-filled generation, for the renewal of the Church and of all society. In this way, your love, which is God's gift, will sink ever deeper roots. No family can grow if it forgets its roots. So let your love sink deep roots! Let us never forget that all the blossoms on the tree draw life from what lies buried beneath."

"People are concerned to know the greatness of a man's achievements; they are not so interested in assessing the underlying goodness of his life. Is he brave, wealthy, good-looking? Is he a good writer, a good singer, a good worker? Those are the questions they ask. He may be humble, patient, gentle, and live a devout inner life, but you won't get many people to mention any of that. Nature looks at a man from the outside; Grace turns its gaze inward. Nature often makes mistakes; Grace trusts in God, fearing to be deceived."
 Thomas à Kempis, The Imitation of Christ



The Chaplet of Saint Philomena



The chaplet of St Philomena, also known as the rosary or Little Crown of St Philomena, was founded by St John Vianney, the Curé of Ars, who had a great devotion to the saint. It consists of red beads to signify her martyrdom, and white beads, a token of her Virginity and Purity.

On the medal pray the ***Apostles' Creed*** for the gift of faith.
On each of the white beads pray the ***Our Father*** in honour of the Trinity in thanksgiving for graces granted to St Philomena and for favours obtained through her intercession.
On each of the thirteen red beads (signifying the 13 years St Philomena lived on earth) pray:

Hail, O holy Saint Philomena, whom I acknowledge after Mary as my advocate with thy Divine Spouse, intercede for me now and at the hour of my death. Saint Philomena, beloved daughter of Jesus and Mary, pray for us who have recourse to thee. Amen.
 Concluding prayer:

Hail, O illustrious Saint Philomena, who so courageously shed thy blood for Christ, I bless the Lord for all the graces He has bestowed upon thee during thy life, especially at thy death. I praise and glorify Him for the honour and power with which He has crowned thee and I beg thee to obtain for me from God the graces I ask through thy intercession. Amen.

Saturday, 15 th September <i>Our Lady of Sorrows</i>	9.45am-10.40am 9.45am 11.00am 1.30pm	CONFESSIONS Rosary, Adoration of the Blessed Sacrament & Midday Prayer Mass ~ Stephen RIP & Jill Morris & Family Intentions Mass in Malayalam preceded by the Rosary
	4.00pm-4.40pm 5.00pm	CONFESSIONS & Adoration of the Blessed Sacrament Vigil Mass ~ Anne Keston RIP (Mum & Family)
Sunday, 16 th September <i>Twenty-fourth Sunday of Year B</i> <i>Home Mission Day</i>	8.30am 10.30am	Mass ~ Rita Concagh RIP (Breda & Family) Mass ~ Michael & Bridget Hand RIP (Family) & All Parishioners
Monday, 17 th September <i>St Robert Bellarmine</i>	9.45am 11.00am	Novena to Our Lady, Adoration of the Blessed Sacrament & Midday Prayer Mass ~ Jennifer O'Leary RIP (Tim)
Tuesday, 18 th September		<i>No Mass or Exposition</i>
Wednesday, 19 th September ~ <i>St Januarius</i>		
Thursday, 20 th September ~ <i>St Andrew Kim Tae-gon, Paul Chong Ha-sang & Comps</i>		
Friday, 21 st September <i>St Matthew</i>	9.45am 11.00am	Rosary, Adoration of the Blessed Sacrament, Divine Mercy Chaplet & Midday Prayer Mass ~ Holy Souls
Saturday, 22 nd September	9.00am 9.45am 10.10am-10.40am 11.00am	First Holy Communion Session beginning in the church Rosary, Adoration of the Blessed Sacrament & Midday Prayer CONFESSIONS Mass ~ Dorothy Higgs RIP (T & C)
	4.00pm-4.40pm 5.00pm	CONFESSIONS & Adoration of the Blessed Sacrament Vigil Mass ~ Georgina Beard Ints (Liz McConnell & Family)
Sunday, 23 rd September <i>Twenty-fifth Sunday of Year B</i>	8.30am 10.30am 3.00pm	Mass ~ Pat Killen RIP (Paul Twyford) Mass ~ Rose Twyford RIP (Paul) Secular Franciscan Meeting in the Presbytery



The passing of Saint Francis ~ The Transitus ~

St Francis of Assisi died on the eve of October 3, 1226, and across the world all Franciscans celebrate his 'passing' (*transitus*) in one form or another. We will celebrate The Transitus at our church on Wednesday, 3rd October, at 6.00pm, everyone is welcome. There will be a time of silent prayer in front of the Blessed Sacrament, simple Benediction, followed by some readings recounting the last hours of St Francis' life on earth.

ST PHILOMENA CHAPLETS are on sale in our repository – all proceeds go to our church fund.

PARISH LOTTERY Bonus Ball No 36. Winner: Joan McCarthy.

Useful Local Contacts: SVP telephone 07955203405 **HALL BOOKINGS** 01255 429032/SaintCharlesHall@gmail.com

St Clare's Catholic Primary School Cloes Lane, Clacton CO16 8AG, 01255 425344, www.st-clares.essex.sch.uk

St Benedict's Catholic College Norman Way, Colchester CO3 3US, 01206 549222, www.stbenedicts.essex.sch.uk

~ Items for the Newsletter to be delivered to the presbytery or by email by 10.00am on Wednesday ~

Diocesan registered charity number 234092. For private circulation only.

TEA AND COFFEE are available after the Sunday morning Masses. Everyone is welcome.

PLEASE PRAY FOR THE REPOSE OF THE SOUL OF PETER RICHARDSON who was called Home by almighty God recently. Remember his family, too, in your prayers.

THERE WILL BE A SECOND COLLECTION THIS WEEKEND FOR HOME MISSION DAY Home Mission Sunday is the day in the Church's calendar when the Catholic community in England and Wales is invited to pray for, celebrate and support the work of evangelisation in England and Wales.

PARISH RENOVATION FUND As our Second Collection this weekend is for Home Mission Day, the orange buckets will be at the doors for your contributions towards our Parish Renovation Fund.

PLASTIC BOTTLES Many thanks to everyone who brought empty plastic bottles to be used to taking Holy Water home. Please do not bring any more until further notice, as we have received a large quantity.